

CONNECTICUT TRAILS DAY

2009

SATURDAY, JUNE 6TH
OVER 130 STATEWIDE EVENTS



CONNECTICUT
**Forest
& Park**
ASSOCIATION

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The Connecticut Forest & Park Association gratefully acknowledges the Connecticut Department of Environmental Protection Parks Division for waiving parking fees for Trails Day events.



This brochure was made possible in part by a grant from the National Recreational Trails Program, the Federal Highway Administration, and the Connecticut Department of Environmental Protection.



TAKE IN THE OUTDOORS!

Connecticut Trails Day ~ June 6-7, 2009

Connecticut Trails Day has been coordinated by Connecticut Forest & Park Association CFPA since 1993 and, because of participation by hundreds of volunteer event leaders, our state has the highest number of events nationwide every year. Trails Day is our way of helping Connecticut residents to take in and enjoy the wonderful outdoor opportunities available in this state. As always, a great variety of events is offered so everyone can find an activity of interest, whether it be a long or short hike, a history walk, kayaking or canoeing, a family walk, equestrian, orienteering, letterboxing, trail maintenance, or cycling.

Strong participation by organizations like the Appalachian Mountain Club AMC, Connecticut Department of Environmental Protection DEP, local and regional land trusts, town agencies, outdoor oriented businesses, volunteers, and our great sponsors is key to the success of Connecticut Trails Day. Ann Colson, her CFPA team, and the Trails Day Committee deserve Special Thanks for their dedicated work in soliciting events and preparing this brochure.

An exceptional program this year is the **American Forestry Past and Present** event at Goodwin State Forest with activities that everyone can enjoy. Participate in an old-fashioned forest field walk guided by expert foresters, follow a self guided nature trail, or visit the museum and gardens, all to be followed by light refreshments. To learn more, see the Sunday listing for Hampton on page 14 of this brochure.

We're excited to announce the unique occurrence of two new National Trails in Connecticut, designated by the U.S. Congress and signed into law by President Obama on March 30, 2009. See below for more information about these two trails and to learn about CFPA's programs for outdoor family activities.

Be part of the celebration this year Take in The Outdoors!

Chuck Sack, *Trails Day Chairman*

Two New National Trails in Connecticut!!

Connecticut is privileged to have two new National Trails passing through its boundaries: The New England National Scenic Trail MMM Trail and the Washington Rochambeau Revolutionary Route W3R. This year Trails Day offers events on both of these trails, identified by the symbols shown below. We encourage you to sample these trails and to thank our U. S. Representatives and Senators for their support and votes.



New England National Scenic Trail. The MMM Trail includes the Metacomet & Mattabesett Trails in CT and the Metacomet Monadnock Trail in MA and is the first new National Scenic Trail designation in 25 years! This rugged trail winds for over 200 miles along traprock

continued on inside back cover



Connecticut Forest & Park Association Trails Day 2009

ANSONIA

History Hike. 8:00 am to noon. **Ansonia Nature and Recreation Center**, 10 Deerfield Road. Read the forested landscape with naturalists Peter Rzasa and Alison Rubelmann on this History of the Land hike over rocky terrain with some ups and downs. Discover old cellar holes, foundations, natural springs, old stone walls. Ansonia's history goes back to the Native Americans and we will visit the last settlement of the Paugasuck of the Algonkian clan. Bring beverage and snack. Meet 8:00 am at Ansonia Nature Center. Rain or shine. *Please pre-register with Co-leader Peter Rzasa or Alison Rubelmann, ansnaturectr@snet.net, 203-736-1053.*

BETHEL

Boardwalk Construction. 9:00 am to 3:00 pm. Sponsored by the Bethel Land Trust. Help build a walkway through portions of the beautiful **East Swamp** wetlands property. Materials largely pre-assembled; skill not required. Portable battery drill/drivers appreciated. Flat terrain, might be wet. Boots recommended. Lunch will be provided. Meet 9:00 am at the Police Station soccer field. *Please pre-register with Leader John O'Neill, dantec@juno.com, 203-748-3801.*

BLOOMFIELD

Hike. 8:30 am to 11:00 am. **Penwood State Park**, sponsored by AMC-CT Chapter. Join AMC hike leader for this pleasant four-mile hike over moderate terrain on trail and woods road with some hills. Moderate pace. Leader stops for bird identification. Meet 8:30 am at front parking lot on Route 185. Rain cancels. *Leader Zellene Sandler, 860-242-4167.*

BOLTON



- 1 Tree and Bird Hike.** 8:00 am to 11:00 am. **Heritage Farm** via **Hop River Linear State Park** to **Bolton Notch State Park**, sponsored by Bolton Conservation Commission and Bolton Historical Society. Take in the Outdoors on the trail with members of the Bolton Conservation Commission. Meet nationally known arborist Matt "Twig" Largess for a four-mile Tree and Bird Hike through Heritage Farm along the Hop River State Park Trail to Bolton Notch State Park to the Squaw Cave trail. In 2006 Yankee magazine named Largess "Tree Preservationist of the Decade." Well-known with environmentalists, he is honored with the name "Twig," dubbed by Julia "Butterfly" Hill, a famous activist known for saving Luna, a thousand-year-old California redwood. The hike will also include a brief talk by Town Historian Hans Depold on the best-preserved Revolutionary War campsite in Connecticut at Bolton Heritage Farm, the history of Squaw Cave, and what the Washington-Rochambeau Revolutionary Route (W3R) means to the Bolton Notch area. Conservation Commission

BOLTON



- 2 Two-Mile Tree Walk.** 1:00 pm to 3:00 pm. **Freja Park, Bolton Notch State Park, and Squaw Cave Trail**, sponsored by Bolton Conservation Commission and Bolton Historical Society. Take in the Outdoors on the trail with members of the Bolton Conservation Commission. Meet nationally known arborist Matt "Twig" Largess for a two-mile Tree Walk through town-owned Freja Park along the Hop River State Park Trail to Bolton Notch State Park to the Squaw Cave trailhead. Town Historian Hans Depold will give a brief talk on the history of Squaw Cave and what the Washington-Rochambeau Revolutionary Route (W3R) means to the Bolton Notch area. Conservation Commission Chair Rod Parlee will explain the various conservation projects in Freja Park. Sturdy footwear required for this two-mile hike over moderately difficult terrain with some steep hills. Bring beverage. No facilities, so plan accordingly. No dogs please. Heavy rain date Sunday, June 7. Meet at Bolton commuter lot at junction of Route 44 and Route 6, across from Georgina's Pizza. *Co-leaders Hans Depold (Bolton Town Historian, depoldh@comcast.net), 860-646-7220, and Rod Parlee (Conservation Commission Chairman, TOBCC@aol.com) 860-649-8066 ext 110.*

BRANFORD

- 1 Hike.** 9:00 am to noon (depending on pace of hikers). **Washburn Preserve and Stony Creek Limited Partnership Tract**, sponsored by the Branford Land Trust. Approximately three miles, mostly flat with some rolling terrain, easy to moderate difficulty. We'll begin by walking on sidewalks through the village of Stony Creek and then enter easy trails through a wood and meadow to access a salt marsh with ocean views. Trail follows a former trolley right-of-way and crosses a creek at a tide gate. From there we'll enter woods and loop a peninsula over moderate trails with ocean views, then loop back the way we came. Meet at baseball field on West Point Road, off of Thimble Island Road, Branford. Rain or shine. *Leader Amos Barnes, amosfourth@sbcglobal.net, 203-481-1882.*

Take Only Pictures



Leave Only Footprints





BRANFORD

QUESTIONS?



Call the Hike Leader

- 2 Mystery Hike.** 10:00 am to noon. **Shoreline Greenway Trail.** An easy ~two-mile hike on flat terrain. The public is invited to the unveiling of the first official Shoreline Greenway trailhead sign, promptly at 10 am. Then hike with Shoreline Greenway Trail members on the first completed trail section on Birch Road, leading to an exciting potential new trail area to explore. Kids can play “Can you find?” nature game along the way, looking for hidden clues. Bottled water provided. Meet 10:00 am at Branford Day Care Center, Pine Orchard Road and Birch Road in the Pine Orchard section of Branford. Dogs on leash and kids are welcome! Rain or shine. *An experienced hike leader will guide this hike. For more information go to www.shorelinegreenwaytrail.org.*

BURLINGTON

- 1 Hike.** 9:00 am to 1:00 pm. **Sessions Woods trails and Blue-Blazed Tunxis Trail.** Moderately difficult 5.5-mile hike over varied terrain. This pretty woodland loop includes the Great Wall, a steep rock escarpment nearly 70’ high. Meet 9:00 am at Sessions Woods. (From junction of Route 69 and Route 4 in Burlington, go south 3.2 miles on Route 69 to Sessions Woods; follow driveway to parking.) Bring beverage. Well-behaved dogs allowed. If weather is questionable call Leader before 8:00 am. *Co-Leaders CFPA Trail Managers Jan Gatzuras, JGatzuras@prudentialct.com, and Jeff O’Donnell, 860-584-8168.*

- 2 Hike.** 10:00 am to 2:00 pm. **Blue-Blazed Tunxis Mainline Trail and Punch Brook Trail,** sponsored by the Burlington Land Trust. Six miles over medium terrain with some steep climbs; 4.5-mile option. We’ll follow the Blue-Blazed Tunxis Mainline Trail from Route 4 to the “Old Jail” on Stone Road and then return on the Purple Dot Punch Brook Trail to the starting point. Bring lunch and beverage. Meet 10:00 am at parking area on south side of Route 4, just before Mountain Spring Road. Rain date Sunday, June 7. *Co-leaders Len Berton, 860-675-7312, Len@cthikes.com, and Karen Geitz.*

- Hike.** 10:00 am to noon. **Kenilworth Forest,** sponsored by the Clinton Land Conservation Trust. We will explore the Kenilworth Forest on an easy-to-moderate two-mile hike over varied terrain. Meet 10:00 am at east end Kenilworth Drive cul-de-sac. Rain or shine. *Leader Michael J. Houde, mhoude01@aol.com, 860-669-2466.*

CLINTON

COLCHESTER

- 1 Hike.** 9:00 am to 1:30 pm. **Blue-Blazed Salmon River Trail,** sponsored by Connecticut Forest & Park Association (CFPA). Hike with CFPA Trail Manager beside the scenic Salmon River and over rolling terrain through Salmon River State Forest and Day Pond State Park. Moderate pace with some uphill; 6.9 miles total. Bring lunch and beverage. Meet 9:00 am at Comstock Covered Bridge parking lot, off Route 16. Rain or shine. *Leader Dave Boone, 860-228-3875.*

COLCHESTER

- 2 Intro to Geocaching.** 10:00 am to 1:00 pm. **Day Pond State Park.** Easy to moderate; sponsored by the Central CT Cachers. Learn about Geocaching, a high tech game of hide-and-seek using a handheld GPS to find hidden treasures in the outdoors. Geocaching is a fun hobby for all ages and walks of life. Caches are hidden throughout CT in many clever and/or scenic locations. Stop by the shelter at Day Pond SP where several cachers will be on hand to show you the ropes. It’s easy to learn! If you don’t have a GPS, a few will be on hand for demonstration or borrowing. Demonstrations and information from 10 am to 1 pm, followed by a family friendly potluck lunch at 1 pm, with new and experienced geocachers. This event will also be listed on www.geocaching.com under the name Trails Day 2009. Meet 10:00 am at the park pavilion. Heavy rain date, Sunday, June 7. *Co-Leaders Katie and Will Veas, ktnwill@aol.com.*

COLCHESTER

- 3 Hike.** Sunday, June 7, 1:00 pm to 3:00 pm. **Air Line State Park Trail,** sponsored by the Colchester Land Trust. A shuttle bus will take hikers to the trailhead at the top of Bull Hill Road where the hike will begin. Participants will then walk 3.5 miles on the Air Line Trail (easy, level terrain) back to the parking lot where the hike began. Hike Leader Chuck Toal will talk about the history of Colchester as well as the ups and downs of the 19th Century railroad. Walking west to the Lyman Viaduct, he will discuss the engineering difficulties encountered during the railroad’s construction. Children will hear stories about the white “Ghost Train” that steamed through Colchester in the late 1800s, carrying the elite of Boston and New York City. Chuck will point out the beauty of our natural resources, including the ecology of the Salmon River watershed, wildlife in the region, and industries that grew up in Colchester. Bring beverage. This event is recommended for adults and children over 6 years old; no pets, please. Meet 1:00 pm at the Route 2 Exit 17 commuter lot. Rain cancels. *Leader Chuck Toal, ctoal@colchesterlandtrust.org, 860-537-1053; 860-961-0255 cell.*

CORNWALL

- 1 Trail Maintenance.** 9:00 am to approximately 3:00 pm. **Blue-Blazed Mohawk Trail.** Clear blowdowns from top of Dark Entry Road north to Jewel Street. If time permits we may do some vista clearing on the north end of the ridge. Approximately 4.5 miles over medium terrain, including ridge walk and descent. Bring work gloves, lunch, beverage. Meet at hiker parking lot on Route 4 (east side of Cornwall Bridge). Rain or shine but heavy rain cancels. *Leader Henry Edmonds, HEdmonds@aol.com, 203-426-6459.*



CORNWALL

2 Family Hike. Sunday, June 7, 2:00 pm to 4:00 pm. **Pine Knob Loop.** AMC hike leader Eric Stones offers this family hike up to the **Appalachian Trail** and views of the Housatonic River, one of the state's "Critical Treasures". Steep with some scrambling but all at a pace for young families; 2.5-mile round trip. Bring beverage. Meet at trailhead parking area on Route 7 in Cornwall, one mile north of the Route 4 intersection. Rain cancels. *Leader Eric Stones, estones01@snet.net, 203-797-9175.*

CORNWALL BRIDGE

Hike. Sunday, June 7, 8:45 am to 4:30 pm. **Appalachian Trail.** Join AMC hike leader George Schott for a 12-mile hike on the historic Appalachian National Scenic Trail from Routes 7/4 to Routes 7/112. Features include Pine Knob and Hang Glider View, and incredible vistas of the Housatonic River, Bear Mountain, and Mt. Everett. Hilly up-and-down; 700' to 1300' elevation gain; moderately strenuous. Bring lunch and beverage. Meet 8:45 am, hiker parking lot at Routes 7/112 (Lime Rock Road), Salisbury. Rain or shine, but heavy rain cancels. Pre-registration is helpful, but not required. *Leader George Schott, geosteven@aol.com, 203-223-1677.*

DANBURY

Trail Maintenance Day. 9:00 am to 3:00 pm. **Tarrywile Park.** Join us for a trail maintenance day at Tarrywile Park! Projects include general trail work and trail closure/re-route. Terrain varies depending on project. Wear sturdy shoes and work gloves. Lunch will be provided for all volunteers. Meet 9:00 am at Tarrywile's Red Barn Environmental Center (see www.danbury.org/tarry for directions). Rain or shine. *Leader Sandy Moy, Executive Director. Please pre-register with Co-leader Becky Petro, Tarrywile.events@snet.net, 203-744-3130.*

DANBURY/RIDGEFIELD

Hike and Ribbon-cutting. 10:00 am to about 1:00 pm. **Ives Trail,** Section 1, with one very steep hill. Following a ribbon-cutting ceremony for the new *Stairway to Heaven* we will hike 5 miles to the highest point in Ridgefield and site of Charles Ives' cabin. Then we'll descend steeply to a pond on the Danbury/Ridgefield boundary and to the former site of the Fox Hill Inn. Bring one liter of water. Meet 10:00 am at Bennett's Pond parking lot, 0.7 mile west of Route 7 on Bennett's Farm Road, Ridgefield. Carpool to start. No dogs, no cell phones, no whiners. Rain or shine. *AMC Hike Leader Mike Cunningham, hikermiker@yahoo.com, 203-748-7233.*

DERBY

Park Clean-up. Anytime between 10:00 am to 2:00 pm. **Osbornedale State Park,** sponsored by Connecticut Forest & Park Association (CFPA). Join us and give back to the park! Bring your enthusiasm and willingness to celebrate trails as we pick up styrofoam, fishing line, cans, and other litter left behind. This is a simple way to feel good, build service to and pride in the community. Families are encouraged to pitch in, because together

we can make a difference. After a round of litter patrol, stay longer to hike the many trails, enjoy your own picnic lunch, or throw in your fishing line and see what's biting in Pickett's Pond. Osbornedale has 350 acres for you and your family to enjoy, and just down the street is the Kellogg Environmental Center and Estate gardens of the Osborne Homestead Museum. Clean up, clean up, everybody clean up! Easy to moderate walking; wear closed-toe shoes and bring work gloves. Bring lunch and beverage and stay as long as you like. Meet at Pickett's Pond, Osbornedale State Park. (From Route 8 south, take exit 17; turn left at end of ramp; turn left again at lighted intersection [Division Street]. Drive approximately 0.75 mile to Osbornedale Park on right, across from Derby High School. From Route 8 north, take exit 18; turn left at end of ramp. Drive approximately 0.75 mile to Osbornedale Park on right, across from Derby High School). Light rain is okay. *Leader CFPA Education Director Lori Paradis Brant, lbrant@ctwoodlands.org, 860-346-2372.*

DURHAM



Women's Hike. 10:00 am to 2:00 pm. **Millers Pond State Park** and nearby **Blue-Blazed Mattabesett Trail,** sponsored by Women of the Woods, www.womenofthewoods.org. Hike through lovely mountain laurel around Millers Pond and continue on the Mattabesett Trail to ascend Bear Rock. We will enjoy the pretty views and eat lunch. We will take the time to appreciate the natural beauty around us and enjoy each others' company. This four-plus-mile hike over moderate terrain with occasional steep stretches should take approximately four hours with an optional swim to follow. Bring lunch and beverage, swimsuit if desired. Meet 10:00 am at the Millers Pond State Park parking lot (contact leader for directions). Rain date Sunday, June 7. Pre-registration appreciated but not required. *Co-leaders Lucy Meigs, lucy@womenofthewoods.org, 860-395-7771, and Jen Huddleston.*

EAST GRANBY



Hike. 10:00 am to 12 noon. **Blue-Blazed Metacomet Trail and Griffin Marsh,** sponsored by East Granby Land Trust. Moderate difficulty. About a quarter-mile north from the Hatchet Hill Road entrance to the Metacomet Trail is an ancient 18th Century smallpox cemetery. Hear about the mysteries that surround this cemetery and the grandfather who is buried there with four grandchildren. The hike will pass a quarry and end at the East Granby Land Trust's Griffin Marsh property on Holcomb Street. The marsh has beautiful overlooks, varied wildlife, and its own very short trail. Meet 0.5 mile up Hatchet Hill Road at the Metacomet Trail. Transportation back to your car will be provided if needed. Rain or shine, but heavy rain cancels. *Hike leaders include Kevin Boushee, Boushee.kaat1@cox.net, 860-653-9573, and historian Tom Howard, as well as other land trust members.*



EAST HADDAM

Family Hike. 10:00 am. **Sheepskin Hollow Preserve**, sponsored by East Haddam Land Trust. This is a short hike, approximately one hour, with some steep sections and varied terrain of easy-to-moderate difficulty. A beaver pond is the main attraction on this popular annual hike through one of East Haddam's "hidden treasures". Participants will enjoy close-up views of beaver activity from the trail. Wear sturdy shoes. Meet 10:00 am at trailhead, end of Ridgebury Road (from Mt. Parnassus Road, take Warner Road to Ridgebury, on right.) No dogs. Rain date Sunday, June 7. Those who are unable to join the official Trails Day hike are welcome to email Leader to schedule another guided hike when it's more convenient for them. *Co-leaders Chad Peterson, chad2605@msn.com, 860-873-1936, and Robert Estep. For additional information visit www.ehlt.org.*

EAST LYME

1 Guided Hike. 10:00 am. **Oswegatchie Hills Nature Preserve**, sponsored by East Lyme Parks & Recreation and Friends of Oswegatchie Hills Nature Preserve. Mileage and difficulty level vary depending on trail. Hike on your own or join this guided hike on the Oswegatchie Hills Nature Preserve. Meet 10:00 am at the trailhead at Veterans Memorial Park, Pennsylvania Avenue in Niantic. Points of interest include Mount Tabor, "Lunar Landscape", Clarks Pond, and the Niantic River. Bring beverage. Rain or shine. *Leader East Lyme Parks & Rec, dputnam@eltownhall.com, 860-739-5828.*

EAST LYME

Take Only Pictures



Leave Only Footprints



ENFIELD

2 Guided Hike. Sunday, June 7, 10:00 am. **Oswegatchie Hills**, sponsored by the East Lyme and Niantic Land Conservation Trust, Inc. Al Burchstead, retired Professor of Environmental Sciences, will lead a hike on this 130-acre Land Trust property and the abutting 250-acre town property on which the Land Trust holds a conservation easement. The trails range from easy to challenging over varied terrain. Bring lunch and a beverage; wear sturdy shoes. Starting place is the top of Damon Heights Road, off Route 161 in East Lyme. Call Leader for a color trail map that will be sent to you, giving directions to the area and details of the site. *Please pre-register with Kathryn Burton, ELLCT@aol.com, 860-739-7791.*

Hike. 10:00 am. **Scantic River Rapids Recreation Area.** Join the Enfield Recreation Department in conjunction with the Scantic River Watershed Association for a moderate 2-3 mile hike along the Scantic River and an overview of Powder Hollow's history. Bring beverage. Meet 10:00 am at Powder Hollow Barn, 32 South Maple Street. *Leader Rex Joffray. For additional information contact Assistant Recreation Supervisor Allison Alberghini, aalberghini@enfield.org, 860-253-6425.*

ESSEX

Hike, BYO-Picnic, Concert. Sunday, June 7, 4:15 pm **Cross Lots Preserve**, sponsored by the Essex Land Trust. Enjoy this easy walk on gently sloping terrain with Phil Miller, Essex First Selectman and naturalist. Land was a former farm donated to the Essex Land Trust by the Downing family. After the walk the Essex Corinthian Jazz Band will play at 5:00 pm. Bring your own picnic supper and beverage, plus blankets or chairs. Meet 4:15 pm at parking lot at Cross Lots, 40 West Avenue, across from Essex Library. Rain cancels. *Leader Phil Miller; for additional information contact Peggy Tuttle, abhftc@aol.com, 860-767-7916.*

FARMINGTON

1 Nature Walk. 10:00 am to 11:30 am. **Hill-Stead Museum**, 35 Mountain Road. "Wildflower Names and Who Was Black-Eyed Susan?" Enjoy this easy walk led by Hill-Stead's Estate Naturalist Diane Tucker. The naming of wildflower plant species is filled with anecdotal charm. The common names of wildflowers teach us so much about history, language and folklore. Learn to identify wildflowers and hear the stories of their nomenclature during a leisurely stroll along Hill-Stead's woodland trails. Bring lunch and beverage. Meet 10:00 am at the Museum Shop. Rain or shine. *For additional information contact Cynthia Cagenello, cagenello@hillstead.org, 860-677-4787, ext. 111.*

FARMINGTON

2 Estate Walk. Sunday, June 7, 2:00 pm to 3:00 pm. **Hill-Stead Museum**, 35 Mountain Road. Join Museum Interpreter Betty Collins for an exploration of Hill-Stead's estate and trails, including the Sunken Garden, the Walking Garden, meadow, and former dairy farm and orchards. Hear fascinating historic tidbits as you enjoy this walk with some hills. Bring beverage. Meet 2:00 pm at the Museum Shop. Rain or shine. *For additional information contact Cynthia Cagenello, cagenello@hillstead.org, 860-677-4787, ext. 111.*

FARMINGTON

3 Self-Guided Walk. Saturday & Sunday, June 6 & 7, 10:00 am to 4:00 pm. **Hill-Stead Museum**, 35 Mountain Road. Explore the 3.5 miles of restored trails on this scenic 152-acre country estate at your own pace. The pathway system traverses meadows, woodlands, and wetlands, and offers scenic overlooks of the Farmington Valley. Bring snack/beverage. No leader for this self-guided hike. *A printed trail guide is available from the Museum Shop or download one at http://www.hillstead.org/PDFs/trail_map.pdf.*

FARMINGTON/ PLAINVILLE



Hike. 10:00 am. **Rattlesnake Mountain and Pinnacle Ridge** on **Blue-Blazed Metacomet Trail.** A 4-mile moderately fast-paced hike over rugged terrain with numerous views. Explore this premier traprock ridge trail with CFPA Trail Manager Peter Dorpalen. Bring lunch and beverage. Meet 10:00 am at parking lot across from trailhead on Route 372, east of Crooked Street, Plainville. *Leader Peter Dorpalen, 860-674-1840.*



GLASTONBURY

Trail Maintenance and/or Hike. 9:00 am to 2:00 pm. **Blue-Blazed Shenipsit Trail.** Approximately four miles; moderately difficult. Relocation of a section of the Shenipsit Trail from Hebron Avenue to Birch Mountain Road. If relocation is finished prior to Trails Day then we'll just hike. Bring lunch, beverage, and gloves; tools will be provided. Meet 9:00 am at Birch Mountain Road parking area, 0.2 mile north of Hebron Avenue. Heavy rain cancels. *Please pre-register with Leader Bob Morrison, morrisbob@att.net, 860-645-1342.*

GRANBY

Hike. 9:00 am to 11:00 am. **McLean Game Refuge.** Easy terrain, modest pace. Just an easy 2.5-mile hike to celebrate the day. Meet at the McLean parking area, one mile south of Granby Center on Route 10/202. Persistent rain cancels. *Leader Refuge Manager Steven Paine, mgrsap1@aol.com, 860-653-7869.*

GUILFORD

1 Canoe/Kayak. 9:30 am. **East River,** sponsored by the New Haven Hiking Club. Full paddle; seven miles. Enjoy this guided paddle on the beautiful East River; glide through saltmarshes, past a newly acquired 46-acre parcel protected by the Guilford Land Trust, and continue north along the Audubon's pristine Anne Conover Preserve and to Foote's Bridge on what will be Guilford's East River Preserve. Participants must supply their own canoe or kayak; PFDs mandatory. Bring water and lunch. Put in at the state boat launch at the end of Neck Road, Guilford. Enter Neck Road off of Route 1 in Madison. Drive to end of road and then follow signs to launch area. Steady rain cancels. *For more information call Leaders Janet and Bill Blaha, 203-453-4277.*

GUILFORD

2 Hike. 10:00 am to 3:00 pm. **Westwoods,** sponsored by North Cove Outfitters. Moderately difficult hike; approximately six miles with stream crossings and rocky areas underfoot. Wear hiking boots and appropriate clothing. Bring lunch and beverage for a break overlooking Lost Lake. Meet 10:00 am at the Westwoods parking area on Sam Hill Road. From I-95 exit 57 head east on Route 1 approximately 1.25 miles. At second stop light turn right onto River Street. When the road ends turn right on Route 146 (Water Street). Travel a little over a mile, and turn right onto Sam Hill Road just before the railroad bridge. The trail entrance with parking is immediately on your left. Visit www.northcove.com for additional information and complete directions. Rain or shine. *Leader John Sahadi, jsahadi@northcove.com, 860-388-6585.*

GUILFORD

3 Hike. 10:00 am to noon. **East River Preserve,** sponsored by the Westwoods Trails Committee of the Guilford Land Trust. An easy four-mile hike through future town acquisition of the East River Preserve over a potential future section of the proposed southward extension of the MMM Trail (**New England National**

GUILFORD



4

Scenic Trail. Meet 10:00 am at end of Duck Hole Road (off of Clapboard Hill Road). *Leader George Goss, 203-453-3053; Co-leader Paul Proulx, paulproulx@sbcglobal.net.*

Hike. 1:00 pm to 4:00 pm. **East River Preserve,** Duck Hole Road to North Madison Road, sponsored by the Guilford Land Conservation Trust. Moderate difficulty, 3-4 miles on a scenic section of the proposed route of the MMM Trail extension (New England National Scenic Trail). Guilford Land Trust president Steve Besse will lead this three-hour hike through the heart of the East River Preserve and over two of GLCT's open space properties, Eastwoods and Nut Plains Woods. The hike will end at Timberlands on North Madison Road, where return transportation will be provided to the starting point. Wear sturdy shoes, bring water and a snack. Meet 12:45 pm at small parking area off Duck Hole Road (watch for signs). For additional information see <http://www.ctwoodlands.org> or www.guilfordlandtrust.org. Heavy rain cancels. *Leader Steve Besse, 203-453-1893, Co-leader Ann Colson, CFPA Trail Conservation Director, 860-669-8700.*

GUILFORD



5

Hike. Sunday, June 7, 9:00 am to 11:00 am. **Timberland,** sponsored by the Guilford Land Stewardship Committee. Four-mile loop over moderate terrain. This beautiful 600-acre town forest hosts a section of the proposed southward extension of the MMM Trail (**New England National Scenic Trail**). We will follow existing trails through Guilford's passive recreation area known as "The Timberland" and enjoy its rock walls, old logging roads, and rock outcroppings as we skirt North Lake and cross the Iron Stream. Wear sturdy shoes and bring water and a snack. Meet at the parking lot across from Timberland on Route 80, about halfway between Route 77 and Route 79 (watch for DOT hiker sign). Bad weather cancels. *Leader Heather Allore, 203-457-4272.*

GUILFORD



6

Hike. Sunday, June 7, 11:00 am to 1:00 pm. **Cockaponset State Forest,** sponsored by CFPA and AMC. Moderate, 3-4 miles over mostly level terrain, approximately two hours. Be among the first to hike this section of the proposed southward extension of the MMM Trail (**New England National Scenic Trail**). We will follow an unimproved town road and hike on a winding woodland trail in the Guilford block of Cockaponset State Forest. Bring beverage and snack. Meet at the parking lot across from Timberland on Route 80, about halfway between Route 77 and Route 79 (watch for DOT hiker sign). We will spot a car to the beginning of the hike, across from Our Lady of Grace Monastery, Hoop Pole Road. Rain or shine. *Please pre-register with AMC Hike Leader Janet Ainsworth, janetkainsworth@gmail.com, 203-457-9999 or 203-530-7826.*



GUILFORD



- 7 Hike.** Sunday, June 7, 1:30 pm to about 4:00 pm. **Blue-Blazed Mattabesett Trail** from the rugged and beautiful **Broomstick Ledges** to Race Hill Road. Approximately three miles over sometimes rough terrain led by the Guilford Land Stewardship Committee. Join this inaugural hike over the first section of the proposed southward extension of the MMM Trail (**New England National Scenic Trail**). Where the Mattabesett Trail turns northward we will head south across Guilford Land Trust property and through the Regional Water Authority's Genesee tract, with geological and historical points of interest along the way. Wear sturdy shoes and bring beverage and snack. No children or dogs please. Meet at the Bluff Head parking lot on the west side of Route 77, one mile north of Lake Quonnipaug Beach area in North Guilford (watch for blue oval trail sign at roadside). Rain cancels. *Leader Bill Johnson, 203-494-5669.*

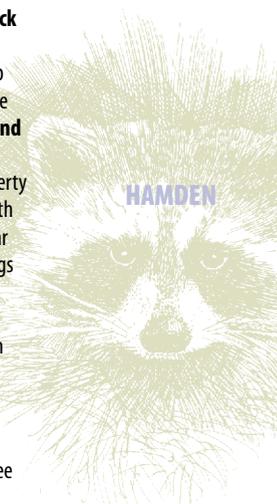
HADDAM

Trail Maintenance. 8:00 am to 11:30 pm. **Orange-Blazed Trail, Cockaponset State Forest.** Join trail users from CFPA, CT NEMBA, LCRVHC, SRCR, and Yankee Toys as we wrap up three years of work restoring the multi-use orange-blazed trails in Cockaponset SF. Projects include bridge replacement, trail relocation, and stream-crossing armoring along with yearly trimming. Easy terrain, moderate level of difficulty; 0.25-mile to 1.0-mile walks for access. Bring lunch, beverage, and bug repellent. Also, bring a cooler and something for the post-work-party potluck cook-out (Lower CT River Valley Horse Club will supply hot dogs). Meet 8:00 am at sandpit on Jericho Road in the state forest (way will be signed from Route 9, exit 8, Beaver Meadow Road). Thunderstorms and/or winds over 20 mph cancel. Rain date Sunday, June 7. *Pre-registration is suggested but not required. Leader Rob Butterworth, 860-345-8029.*

HAMDEN

- 1 Trail Projects/Hike.** 8:00 am to 3:00 pm. **Brooksvale Park**, sponsored by Hamden Parks & Recreation, Friends of Brooksvale Park, and Hamden Land Conservation Trust. Easy to moderate walking over flat to hilly terrain. A variety of trail improvement projects are planned for the morning, including installation of waterbars, trail marking, culvert cleaning, and removal of non-native invasive species. In the afternoon (1-3pm) we'll hike in Brooksvale Park and adjoining properties. Bring work gloves. Lunch will be provided by Friends of Brooksvale Park and the Hamden Land Conservation Trust. Meet at the Veterans Memorial Building at Brooksvale Park. Rain or shine. *Please pre-register with Tom Parlapiano, 203-287-2669, staff@brooksvale.org.*

HAMDEN



HAMDEN

- 2 Hike.** 10:00 am to 2:00 pm. **Blue-Blazed Quinnipiac Trail**, sponsored by the New Haven Hiking Club. A five-mile round-trip hike over easy, rolling terrain with nice views and some wildlife. Meet 10:00 am at cul-de-sac on Downs Road, one-half mile south of Gaylord Mountain Road. Bring lunch, water and rain gear; we will hike rain or shine. *Leader Patrick DeMichele, patrickde@att.net, 203-288-8897.*
- 3 Hike.** Sunday, June 7, 10:00 am to about 1:30 pm. **Blue-Blazed Regicides Trail, West Rock Ridge State Park.** Moderately paced six-mile hike of West Rock's quiet middle section, including a walk along the ridge with views into Woodbridge from the Regicides Trail. Other than the short climb up to the ridge, this hike will be fairly level and offers good footing throughout. Bring lunch and two water bottles. Hiking boots helpful but not required. Suitable for children age 10 and up. Well-mannered dogs on leash welcome. Meet 10 am at Lake Wintergreen, 45 Main Street, Hamden. Rt. 15 to exit 60. Right to Rt. 10 South. Right at next light past Rt. 15 on Benham Street. Left onto Main Street at the end. Right into the parking lot at sharp curve. View or download a full-color trail map at www.ct.gov/dep/lib/dep/stateparks/maps/westrock.pdf. Drizzle shortens; rainstorm cancels. *Leader Tom Ebersold, bikehikekayak123@sbcglobal.net.*
- 4 Hikes.** Sunday, June 7, 1:00 pm to 4:30 pm. **Annual Hike-A-Giant** sponsored by Sleeping Giant Park Association and led by experienced SGPA volunteers. Three simultaneous hikes are offered. (A) An easy, slow-paced hike on the Nature Trail, a 1.6-mile loop with moderate ups and downs suitable for hikers in spirit, including children who enjoy hiking. (B) An intermediate hike, two to three miles long, with more ups and downs. (C) The most demanding/challenging hike, about five miles, to include some of the more difficult trails in Sleeping Giant State Park. Hikes range from 2.5 to 3.5 hours. No pets; wear comfortable, supportive shoes; bring water and snack. Tee shirts and other offerings from the Sleeping Giant Trading Post will be available for purchase. Registration begins at 1:00 pm for hikes starting at 1:30 pm. Meet at picnic area just beyond toll booth and kiosk at park entrance, Mt. Carmel Avenue, across from Quinnipiac University. Weather permitting. For additional information go to www.sgpa.org. *Co-Leaders Barbara and Irwin Beitch, beitch1@cox.net (e-mail contact preferred), 203-272-7841 between 10:00 am and 9:00 pm.*

TILCON WATCH THAT CHILD



HAMPTON

- 1 Hike.** 10 am to noon. Try this easy “**Goodwin Sampler**” at Goodwin State Forest. We will walk small portions of the Yellow, Red, and White trails on a short, under two-mile loop. Meet 10 am at Goodwin Conservation Center, near signboard next to parking lot. GCC is located on Route 6 in Hampton, 3.0 miles east of the intersection with Route 198 and 1.4 miles west of the intersection with Route 97. Rain or shine. *Leader Bob Schoff, schoffrobert@sbcglobal.net, 860-429-1043.*

HAMPTON

- 2 American Forestry Past & Present.** Sunday, June 7, 1:00 pm to 4:00 pm. **Goodwin Forest Conservation Education Center and State Forest.** Gather at the Goodwin Center museum for welcome and refreshments. Choose from a variety of guided and self-guided options of varying lengths throughout the afternoon. Take a guided tour of the 1.5-acre native plant wildlife gardens. Walk the 3/4-mile self-guided forest management trail, reading about forest and wildlife management at stops along the way. You can also join us at 1:00 p.m., 2:00 p.m. or 3:00 p.m. for a 1.5-mile guided tour of American forestry past and present. On June 4, 1949, James L. Goodwin hosted a guided tour of Pine Acres Farm (now Goodwin State Forest) for the Connecticut Forest & Park Association. Now, exactly 60 years later, we will walk those same forest roads and trails and visit some of the same sites visitors viewed that day, as well as some new forest management sites. Included will be a 90 year old “Blue Ribbon” forest research plot, an 80 year old managed oak forest, a two year old forest regeneration harvest, and a just completed “shelterwood” timber harvest. Bring water bottle if you like. No dogs please. Meet at the Goodwin Forest Conservation Education Center, 23 Potter Road, Hampton (from junction of Route 6 and Route 198 in Chaplin, travel east on Route 6 for about three miles and turn left on Potter Road; Goodwin Center parking is on the right side of Potter Road.). Rain or shine. *Pre-registration is helpful but not required. Leader: Goodwin Center Forester Steve Broderick, sbroderick@ctwoodlands.org; 860-455-9534. Co-leaders CT DEP Forester Dick Raymond, CT Agricultural Experiment Station Forester Jeff Ward.*

QUESTIONS?



Call the Hike Leader

HARWINTON

- Hike.** 9:30 am to 11:30 am. **Harwinton Conservation/Recreation Area.** Approximately two miles over hilly terrain; moderate difficulty; not suitable for strollers. We will hike the trail system as determined by the participants’ interest and ability level. We will see natural habitat as well as evidence of prior agricultural activity. Bring beverage. Meet at the Conservation/Recreation Area parking lot (from intersection of Routes 4/118, turn south into the driveway, up the hill, and park in the lot). Rain date Saturday, June 13 (rain date sign will be posted onsite). *Leader Sue Alender. For additional information call Harwinton Recreation, 860-485-0626, recreation@harwinton.us.*

HEBRON

- 1 Beginners Orienteering.** Continuous registration 10:00 am to 1:00 pm. **Gay City State Park,** sponsored by the New England Orienteering Club. Enjoy a hike while you read a map, use a compass, and find your way in the woods. Club members will be available to provide instruction. There is no charge to participate but there will be a \$3 fee for each map. From I-84, take exit 59 to Route 384 and take exit 5 in Bolton to Route 85 South to park entrance in Hebron. Rain or shine. *For more information call Leader Paul Pearson, PRPearson@aol.com, 860-745-7457. For “O” info, www.neoc.org.*

HEBRON

- 2 Mixed Trail Events.** 10:00 am to noon. **Air Line State Park Trail.** Visit Activity Stations along an easy 10-mile stretch of this flat gravel trail, sponsored by Hebron Parks & Recreation Department with Colchester and East Hampton. Some of the activity stations will be bike maintenance, trail history, nature interpretation, land conservation, viaduct history, and trail safety. Bring beverage; approved helmet required for cyclists. Rain or shine. *Leaders Josselyn Salafia, jsalafia@hebronct.com, 860-228-5971, and Jared Redmond.*

KENT

- Hike.** 9:00 am to 1:00 pm. **Bulls Bridge, Appalachian Trail.** Sponsored by the Appalachian Mountain Club. Hike approximately 4 miles of the Appalachian Trail along the Housatonic and Ten Mile Rivers over moderately difficult terrain with one big hill. Suitable for ages 10 and older. Short car shuttle required. Bring lunch and beverage. Meet 9:00 am at parking area just west of covered bridge on Bulls Bridge Road. Rain or shine. *Leader Jim Malumphy, lump63@hotmail.com, 203-206-0586.*

KILLINGWORTH

- 1 Family Hike.** 9:30 am to 11:30 am. **Wettish Property Trails,** sponsored by the Killingworth Land Trust. Explore Killingworth’s newest trail system on the town’s Wettish property. Approximately two miles, suitable for all ages and abilities. A great woods walk with Letterboxing and Geocaching demonstrated along the way. A water and fruit snack and social time will follow the hike. Meet at Wettish property parking area, across from 14 Parker Hill Road Extension (signs will be posted on day of hike). Rain date Sunday, June 7. Registration helpful but not required. *Leader Debby Butler, debby_butler@hotmail.com, 860-663-2231, 203-415-3440 (cell).*

KILLINGWORTH

Connecticut Water

- 2 Hike.** 10:00 am. This scenic trail is located within the Connecticut Water Company’s **Killingworth and Kelseytown Reservoir** watershed properties. Relatively flat, 2.5 miles with some minor hill climbing, but not suitable to qualify as handicap-accessible. We will traverse open fields, cross the Menunketesuck River via a footbridge, pass a pond, and travel along some old woods roads. Rain or shine. *Please pre-register with Mary Ingarra, mingarra@ctwater.com, 860-669-8630, x3014.*



KILLINGWORTH

- 3 Orienteering.** Sunday, June 7, 12:00 noon. **Chatfield Hollow.** Spend part of the day working on Orienteering skills with Gary Tierney, an Outdoor Skills Instructor for North Cove Outfitters, and Art Allen, USCG Oceanographer and an Adirondack Mountain Club Instructor. Meet at noon at the Chatfield Hollow State Park parking lot on Route 80. For the next few hours we will hike the park, working on basic map and compass skills, taking a bearing and following a route, finding directions without a compass, and learn how to “stay found” in the woods. You’ll also use the GPS to find a “geo-cache” hidden in the park. Wear good hiking shoes or sneakers. Bring a water bottle, snack, and rain gear if appropriate. Bring a compass and/or GPS if you have one. We will have learning compasses for those who need one. No very young children or pets, please. Maximum 24 participants. *Leader Gary Tierney, gm-tierney@snet.net, 203-458-3956.*

LEBANON

- 1 Bird Walk.** 8:00 am to about 10:00 am. **Air Line State Park Trail,** sponsored by Lebanon Rails to Trails and Connecticut Audubon. Experienced birders will lead this easy guided hike over flat terrain on the Air Line State Park Trail from Village Hill Road to Kingsley and back. We will walk north, stopping often to check on and identify which birds we hear. Bring water and binoculars. No dogs, please. Meet 8:00 am at the trail’s junction with Village Hill Road (roadside parking). From the Frog Bridge at the junction of Route 32 and Route 66 in Willimantic, go southwest on Pleasant Street to the Lebanon town line, where Pleasant Street becomes Kingsley Road. Follow to stop sign at Cards Mill Road, turn left and trail junction is about one mile down the road (Cards Mill Road becomes Village Hill Road when you cross over the Ten Mile River bridge). Rain cancels. *Co-Leaders Nusie Halpine, Lebanon Rails to Trails, nusieandjeff@sbglobal.net, 860-456-1890, and Andy Rzeznikiewicz, CT Audubon.*

LEBANON



- 2 History Walk.** Sunday, June 7, noon to 4:00 pm (pick your own start time). **Revolutionary Tastings** along the Washington-Rochambeau Revolutionary Route (W3R), sponsored by the museums around the historic Lebanon Green. Families can pick up a map at the Lebanon Historical Society Museum and Visitor Center for a self-guided tour. Did you know Lebanon was the “Heartbeat of the American Revolution”? Stop at the Governor Jonathan Trumbull House, Beaumont Homestead, Wadsworth Stable, War Office, and Jonathan Trumbull, Jr., House, all located around the Green. Tastings of modern versions of desserts popular during the Revolutionary War will be available at each stop. Along the way, find the monument marking the bake house site where the French cavalry baked bread during their winter encampment on the Green, 1780-1781. Moderate walk on 1.5-mile handicap-accessible cinder pathway that circles the Green.

LEDYARD

LEDYARD/ PRESTON

Start at the Lebanon Historical Society Museum and Visitor Center, 856 Trumbull Highway (Route 87), Lebanon. Rain or shine. *For further information, 860-642-6579, museum@historyoflebanon.org.*

Hike. 9:00 am to 10:30 am. The **Nathan Lester House**, sponsored by Ledyard Parks & Recreation. Located on 100-plus acres, the wooded property surrounding this 1793 house and barn has 1.5 miles of trails to explore, as well as a cemetery and the remains of a great oak tree. Mostly easy-to-moderate terrain with some small hills. Bring beverage. Meet at Nathan Lester House parking lot, 153 Vinegar Hill Road. Rain or shine. *Leader Chris Rhodes, LUVHIKE@yahoo.com.*

Canoe/Kayak. 9:00 am to about noon. **Poquetanuck Cove**, sponsored by Avalonia Land Conservancy, Inc. An easy flat water paddle at high tide through narrow, two-mile tidal embayment of the Thames River. Discover a significant coastal habitat and designated state bird sanctuary. Learn about ongoing efforts to control the invasive plant phragmites, now threatening this special place. Bring your own canoe or kayak, personal flotation device, binoculars, beverage and lunch. Meet at the public access car-top boat launch at end of Royal Oak Drive (off Arrowhead Drive), Ledyard. Heavy rain cancels. *Please pre-register with Leader Anne Roberts-Pierson, ar-pierson@att.net, 860-464-8101; Co-leader David Bainbridge.*

LYME

LYME

- 1 Hike.** 8:00 am. **Blue-Blazed Nayantaquit Trail.** A moderate five-mile hike over very hilly terrain through Nehantic State Forest, led by CFPA Trail Manager Chris Lawton. Bring lunch and beverage. Children who are capable of hiking five miles are welcome with an adult. Meet 8:00 am at Uncas Pond picnic area in Nehantic State Forest, off Route 156. Rain or shine, except heavy rain postpones to Sunday, June 7. *Please pre-register with Leader Chris Lawton, Trailblazed72@gmail.com.*

- 2 Hike.** 10:00 am to 11:00 am. **Honey Hill Preserve**, sponsored by the Lyme Land Conservation Trust (www.lymelandtrust.org). A one-mile easy-to-moderate guided hike on one of the Land Trust’s preserves. It offers a large variety of trees, plants, and animals, including jack-in-the-pulpit, lady’s slipper, and spotted salamander, as well as glacial erratics formed 10,000 years ago. Trail maps will be available with a partial list of species recorded on this property. Meet 10:00 am at the parking area on Clark Road, 0.5 mile from Route 82. *Pre-registration is suggested; contact Penny Smyth, JeanSmyth@aol.com, 860-867-6621. Leader is Land Trust board member George Lombardina.*

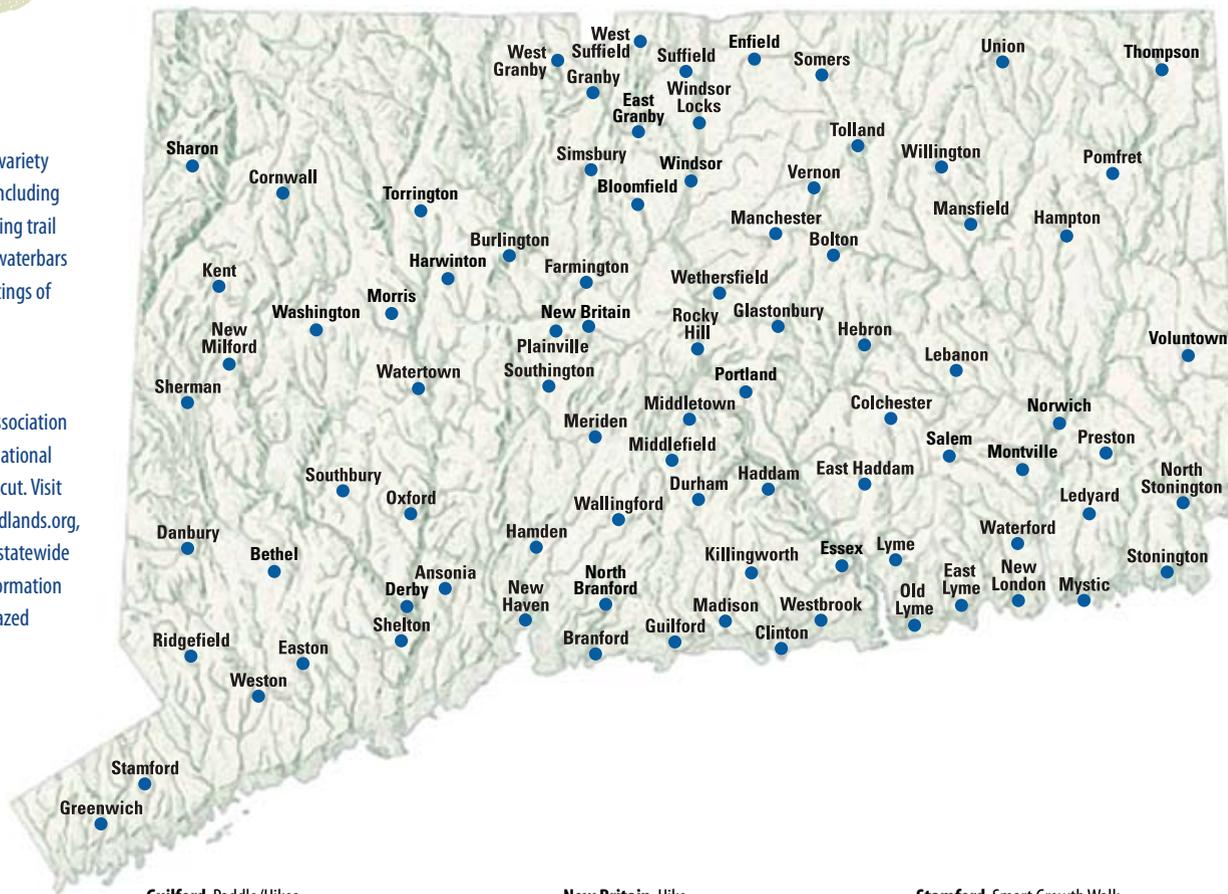
TILCON WATCH THAT CHILD



Support Your Trails

Volunteers are needed for a variety of trail maintenance tasks, including trimming overgrowth, painting trail blazes and installing steps, waterbars and bridges. Look for the listings of trail maintenance events in the brochure.

Connecticut Forest & Park Association is the state coordinator for National Trails Day events in Connecticut. Visit CFPA's website, www.ctwoodlands.org, for updated information on statewide Trails Day events and for information about CFPA and the Blue-Blazed Hiking Trail System.



Ansonia History Hike
Bethel Boardwalk Construction
Bloomfield Hike
Bolton Hikes
Branford Hikes
Burlington Hikes
Clinton Hike
Colchester Hikes/Geocaching
Cornwall Trail Maintenance/Family Hike
Cornwall Bridge Hike
Danbury Trail Maintenance
Danbury/Ridgefield Hike/Ribbon-cutting
Derby Park Clean-up
Durham Women's Hike
East Granby Hike
East Haddam Family Hike
East Lyme Guided Hikes
Enfield Hike
Essex Hike/BYO-Picnic/Concert
Farmington Nature Walk/Estate Walk
Farmington/Plainville Hike
Glastonbury Trail Maintenance/Hike
Granby Hike

Guilford Paddle/Hikes
Haddam Trail Maintenance
Hamden Trail Projects/Hikes
Hampton Hikes/Guided Forestry Walks
Harwinton Hike
Hebron Orienteering/Mixed Trail Events
Kent Hike
Killingworth Hikes/Orienteering
Lebanon Bird Walk/History Walk
Ledyard Hike
Ledyard/Preston Canoe/Kayak
Lyme Hikes
Madison Hike
Manchester Hike/WalkCT Family Ramble
Mansfield Family Hike/Smart Growth Walk/
 Spring Wildflower Hike
Meriden Hike
Middlefield Hike
Middlefield/Middletown Hike
Middletown Hike/Tree ID Walk
Montville Hike
Morris Hike
Mystic Hike

New Britain Hike
New Haven Hike/Reception
New London Hike
New Milford/Kent/Gaylordsville Three Trail
 Hike/Caravan
North Branford Hike
North Stonington Hike/Walk
Norwich Paddle
Old Lyme Hikes
Oxford Hikes
Pomfret Family Hike
Portland Hike
Preston Hike
Rocky Hill Hike/Walks/Letterboxing/Activities
 for Children & Families
Salem Nature Hike
Sharon Hike
Shelton Hikes/Bike/HC-Accessible
Sherman Bird/Wildlife Hike
Simsbury Hike
Somers Hikes
Southbury Hikes
Southington Trail Maintenance/Nature Hike

Stamford Smart Growth Walk
Stamford/Greenwich Trail Maintenance/Hike
Stonington Hike
Suffield/Windsor Locks Hikes/Bike Tour
Thompson Hike
Tolland Hikes
Torrington Hike
Union Hikes
Vernon Trail Construction Walk
Vernon/Bolton Hike
Voluntown Trail Maintenance
Wallingford Hike
Washington Hike
Waterford Hike
Watertown Hike
Westbrook Trail Ride/Maintenance
West Granby Hike
Weston/Easton Hike
West Suffield WalkCT Family Hike
Wethersfield Historic Mill Hike/Walk/Bike
Willington Hike
Windsor Hike



MADISON

Hike. 9:00 am to 1:00 pm. **Rockland Preserve**, sponsored by Madison Beach & Recreation. Moderate pace, 3-4 miles with some hills. Experience old abandoned town roads and learn how they were used by Rocklanders of the 1800s-1900s. View areas where developers attempted to “conquer” Rockland. Visit a replica of open-pit charcoal burning site and the life of the charcoal burner, or collier. Finish hike on changing habitat and how it was used by early residents of the Rockland community. Bring beverage and snack. Meet at Rockland Preserve parking area on Route 79 at the white “Welcome Rockland Preserve” sign (opposite Samantha’s Way), 0.9 mile south of Route 148/79 junction. Rain or shine. *Co-leaders Joe Oslander and Heather Crawford. For additional information contact Madison Beach & Recreation, 203-245-5622, gazdac@madisonct.org.*

MANCHESTER

1 Hike. 10:00 am to noon. Join members of the Hockanum River Linear Park Committee for a moderate 3.5-mile guided hike around **Laurel Marsh** on the **Hockanum River Hiking Trail**. Great water birds. Bring snack, beverage, walking stick, and wear good hiking boots. Meet 10:00 am at the Laurel Marsh stone dust parking lot on Route 6/44, just east of exit 60 off I-84 (across from Cheney Technical School). No dogs please! Rain or shine. *Co-leaders Nijole Currie and Dick Don, Arb02@aol.com, 860-647-0688.*

MANCHESTER



2 WalkCT Family Ramble. 1:00 pm to 2:15 pm. **Center Springs Park**. A CFPA-certified Family Guide will lead families through this 55-acre urban park to learn some of its history. There are interesting rock formations and a gorge on this easy-paced, approximately 1-mile hike. Terrain is moderately difficult and uneven or wet in spots, so participants should wear sturdy shoes. Reservations are not necessary, and adults without children are also welcome. Meet 1:00 pm at Manchester Park and Rec parking lot, 39 Lodge Drive, Manchester. Rain or shine. *Leaders Susan and Cynthia Barlow, sbarlow627@aol.com, 860-643-9776.*

MANSFIELD

1 Family Hike. 10:00 am to 1:00 pm. **Mansfield Hollow State Park**. A moderate hike over rolling terrain with no real hills. Sponsored by Friends of Mansfield Hollow. We’ll follow the Red Trail down to the dam and have lunch on the lawn below dam. The trail passes thru wooded areas to the lake edge; we will climb to the top of the flood control dam and then check out the old dam downstream. Back to meeting place via dike. Meet at the Mansfield Hollow State Park picnic area on Bassett Bridge Road, off Route 195 in Mansfield Center. Bring lunch, beverage, and sun-screen. *Leader Betty Robinson, pbrobinson@snet.net, 860-429-3206.*

QUESTIONS?



Call the Hike Leader

MANSFIELD

2 Smart Growth Walk. 10:00 am. **Storrs Center** downtown and **Whetten Woods**. The Mansfield Downtown Partnership, Inc., and Storrs Center master developer Leyland Alliance, with Joshua’s Trust, will lead an approximately one-mile walk of the future Storrs Center downtown and the Whetten Woods trail located on open space adjacent to Storrs Center. Easy pace over fairly flat terrain; woods and parking lot. Meet 10:00 am behind Starbucks on Storrs Road (Route 195). *Please pre-register with Leader Cynthia van Zelm, vanzelmaca@mansfieldct.org, 860-429-2740.*

MANSFIELD

3 Spring Wildflower Hike. 1:00 pm to 2:00 pm. **Schoolhouse Brook Park**, sponsored by Mansfield Parks and Recreation. Join local naturalist Sue Harrington for an easy, family-friendly walk in the Barrows Pond area of Schoolhouse Brook Park. View late spring wildflowers and learn about the aquatic life in Barrows Pond. Meet at Clovermill Road. Heavy rain cancels. Leader Sue Harrington. *For additional information contact Parks Coordinator Jennifer Kaufman, kaufmanjs@mansfieldct.org, 860-429-3015, ext. 204.*

MERIDEN



Hike. 9:00 am to 3:00 pm. **Blue-Blazed Metacomb Trail, East Peak, Castle Craig** and vicinity. Join us for breathtaking views on this six-hour hike over hilly traprock terrain, approximately two mph. Bring lunch and beverage, wear sturdy shoes. Meet at Target parking lot, 474 Chamberlain Highway (Route 71), Meriden. Rain or shine. *Co-Leaders CFPA Trail Manager John Rek and Elizabeth Buckley, epbuckley@optonline.net, 203-393-0141.*

MIDDLEFIELD



Hike. Sunday, June 7, 9:00 am to 1:00 pm. **Blue-Blazed Mattabesett Trail**, sponsored by CT section Green Mountain Club. Moderate pace with a few short, steep ascents/descents. Join this 5.5-mile hike on the Mattabesett Trail to Besek Ridge for great views of Long Island Sound and Talcott Mountain. Bring lunch and beverage; after-hike ice cream stop at Guida’s. Meet 9:00 am at Black Pond, off Route 66. Heavy rain will cancel; contact leader if in doubt. *GMC Leader Sarah O’Hare, seohare7@yahoo.com, 860-563-7018.*

MIDDLEFIELD/ MIDDLETOWN



Hike. Sunday, June 7, 9:00 am to 1:00 pm. **Blue-Blazed Mattabesett Trail, Mt. Higby, Tynan Park**, sponsored by Mashomasic Hiking Club. Slow-paced five-mile hike along scenic traprock ridge, up to 892’ elevation. Great views, wildflowers, birds – something for everyone. Some steep, rocky sections; wear appropriate footwear. Bring lunch and beverage. Meet 9:00 am at hiker parking lot on Route 66, 0.5 mile west of Route 147, Middlefield. Rain date Sunday, June 14. *Leader CFPA Trail Manager David Peters, backpackerct@gmail.com, 860-349-6358.*



MIDDLETOWN



1 Hike. 9:00 am to 1:00 pm. **Blue-Blazed Mattabesett Trail.** Moderate 6.2-mile hike on the Mattabesett Trail between Aircraft Road and Bear Hill Road, by means of the main and loop trails. Points of interest include Bear Hill Summit, the Chinese Wall, the mountain laurel “tunnel”, and numerous views. Bring beverage and snack. Meet at the Aircraft Road trailhead, one mile east of Exit 10 off Route 9. Rain or shine. *Leader CFPA Trail Manager Jack Marshall, j5666@sbcglobal.net, 860-343-8237.*

MIDDLETOWN

2 Tree ID Walk. 10:00 am to 1:30 pm. **Arboretum Walk & Talk,** sponsored by the Rockfall Foundation and the Wadsworth Mansion. Easy, 2.5-mile round trip. Join two notable tree buffs on a mostly level walk from the Wadsworth Mansion through woods and along Wadsworth Street to the Arboretum on Long Lane and then back to the mansion. Celebrate the **Arboretum’s 100th Anniversary** with numerous stops among the 56 species in five rows of more than 200 trees, native and exotic, including a unique, extensive collection of nearly every oak species known to grow in New England. Bring lunch/beverage for a picnic on the grass beneath the magnificent tree canopy. Wear sturdy shoes. No dogs please! Meet at the Wadsworth Mansion, 421 Wadsworth Street (parking available to right of mansion). Rain or shine, but torrential rain cancels. *Co-leaders Ed Richardson and John LeShane.*

MONTVILLE

Hike. 10:00 am to noon. Join us for an easy 1-mile hike and **Trail Dedication** of the newly-renovated trails at the Montville Conservation Area, funded by a grant from CT-DEP. Bring beverage. Meet at Montville Conservation Area parking lot (contact leader for directions and more information). Rain or shine. *Leader Ellen Desjardins, ecicchese@town.groton.ct.us, 860-848-8906.*

MORRIS

Hike. 10:00 am to about 11:30. **Camp Columbia State Forest.** Sponsored by Watertown Land Trust and Morris Land Trust. Join us for a moderate, two-mile hike on this 550-acre property purchased by the state in 2000. It was in continuous use by Columbia University as a summer camp to train engineering and surveying students for 80 years. Bring beverage. Meet at 10:00 am at Route 109 parking lot (heading west it’s shortly before Route 209). Rain or shine. *Co-leaders Gail Sangree, 860-274-4268, and Chuck Conn, 860-283-0277.*

MYSTIC

Hike. 10:00 to 11:30 am. **Ledge Trail,** sponsored by Denison Pequotsepos Nature Center. Bring the family for an easy hike on the Ledge Trail at Denison Pequotsepos Nature Center. Along the way we will visit Hidden Pond, explore red maple swamps, and look for signs of local wildlife. Meet 10:00 am at Denison Pequotsepos Nature Center, 109 Pequotsepos Road. Rain or shine. *Leader Steve Sarnoski, ssarnoski@dpnc.org, 860-536-1216.*

NEW BRITAIN

Hike. 10:00 am to noon. **A. W. Stanley Park and Stanley Quarter Park.** Approximately 1.5 miles on flat, even terrain. Join us for a woods hike on designated trails for exercise and a family fun wilderness experience. *Please pre-register with New Britain Parks and Recreation Department, 860-826-3360.*

NEW HAVEN

Hike/Reception. Sunday, June 7, 3:00 pm to 6:00 pm. **Edgewood Park.** Join Friends of Edgewood Park for an easy hike through the park (3-4 pm) and finish at the **Wetlands Viewing Platform** (4-6 pm) for a wine and cheese reception. Meet at the park gazebo for the hike and at the Wetlands Viewing Platform for the reception. Rain or shine. *Please pre-register for both activities with Leader Deirdre Fox, burkefox2004@yahoo.com, 203-387-1283.*

NEW LONDON

Hike. 10:00 am to noon. **Bateswoods Park.** An easy-to-moderate hike over rolling terrain through a variety of habitats. We will observe and identify native species, wildlife, non-native invasives, historical WPA project constructions, historical evidence of past uses, and conduct a long-horned beetle search. Bring water. Meet at parking lot behind the dog pound. Rain or shine. *Co-leaders Kate and Samar Rattan and Caroline Driscoll, ckdri@conncoll.edu, 860-443-8010.*

NEW MILFORD/ KENT/ GAYLORDSVILLE

Three Trail Hike and Caravan. Sunday, June 7, 8:30 am to 1:00 pm. Join Weantinoge Heritage Land Trust’s Executive Director Liba Furhman for a Three-Trail Caravan to Weantinoge’s preserves. First, visit the **James Morrissey Family Nature Preserve** in Gaylordsville for a 1.25-mile hike through varied landscape including cliffs, a young woodland studded with red cedars, and a gentle knoll. Then caravan to the **Alice McCallister Memorial Sanctuary** for an easy 2-mile round trip walk to an overlook of Mud Pond – a jewel set between a quartzite ridge on the west and Tory Mountain on the East. The sanctuary has an amazing diversity of species including the state’s biggest black ash trees. Finish the day with a walk along the **Smyrski Farm** in Merryall and a tour of the historic red barn. Easy walking except for one short steep section. Wear comfortable walking shoes, bring water and a snack and/or picnic lunch. Meet at 8:30 a.m. at the Morrissey Preserve trailhead on Gaylord Road (1.7 miles south of the intersection with Route 7) in Gaylordsville. Car pooling will be arranged to reduce our carbon footprint. In case of inclement weather, registrants will be notified of any postponements or changes. *For more information, complete directions, and to register, please contact Leader Liba Furhman, liba@weantinoge.org, 860-355-3500.*

Take Only
Pictures



Leave Only
Footprints





NORTH BRANFORD

Hike. 1:00 pm to 3:00 pm. **North Farms Park**, sponsored by North Branford Parks and Recreation Department. Land use, cultural history, and tree identification will be featured on this 1.5-mile hike for beginner to advanced beginner (ages 7 and older will enjoy this walk best, but all ages are welcome!). Bring water, insect repellent, and hat or baseball cap. Meet at the North Farms Park parking lot. Rain or shine. *Please pre-register with Leader Michael Ferrucci, recreationdirector@townofnorthbranfordct.com, 203-315-6017; Co-leader Pamela Gery.*

NORTH STONINGTON

Hike/Walk. 1:00 pm to 2:45 pm. **Fowler-Grindstone Preserve**, sponsored by North Stonington Citizens Land Alliance. Explore beginnings of the new footpath along Pendleton Hill Brook and the old mill site within this 75-acre woodland Preserve. Approximately one mile, sturdy shoes recommended. Meet 1:00 pm at corner of Grindstone Hill Road and Pendleton Hill Road (Route 49). Steady rain cancels. *Leader Madeline Jeffery, landalliance@sbcglobal.net, 860-599-5517.*

NORWICH

Paddle. Sunday, June 7 (contact Leader for start and end times). **Thames River**, sponsored by CT AMC Flatwater/Coastal Paddling group. Six-mile flatwater paddle from Norwich to Ledyard on the eastern side of the Thames River. Bring beverage and snack. PFD required. For more information go to <http://www.ct-amc.org/flatwater>. *Please pre-register with Leader Jean Trapani, flatwater@ct-amc.org, 203-606-9459 cell; Co-leader Barry Gorfain.*

OLD LYME

1 Hike. 9:00 am to 10:00 am. A relatively easy hike through the **Lay Preserve** near Lord's Woods, sponsored by the Old Lyme Conservation Commission. We will hike over mostly flat terrain through the hardwood forest, crossing streams and around marsh land. Wear hiking boots and bring water. Meet at Lord's Meadow and Ladyslipper Lane intersection. Children and leashed pets welcome. Rain date Sunday, June 7. *Leader Conservation Commission Chair Ellie Czarnowski, ellie.czarnowski@gmail.com, 860-732-9858.*

OLD LYME

2 Hike. 10:00 am to about 11:30 am. **Watch Rock Preserve**, sponsored by the Old Lyme Conservation Trust. A short, easy walk over level ground with beautiful views of the Connecticut River. Come and see live animals and hear a brief narrative about land conservation. Bring beverage. Meet at Preserve entrance (from Shore Road/Route 156, turn right onto Joel Road, then take a quick left and a quick right to parking lot). Rain or shine. *Please pre-register with Leader Lea Harty, lea.c.harty@pfizer.com, 860-434-8403.*

TILCON WATCH THAT CHILD

OXFORD



OXFORD

1 Hike. 9:00 am to about noon. **Blue-Blazed Pomperaug Trail**, sponsored by the Oxford Land Trust. Moderately strenuous, 2.3-mile hike on hills along the Housatonic River, part of the **Housatonic Greenway**. Pass old charcoal pits, small waterfalls, and caves. Enjoy good vistas. Bring beverage and snacks; wear good walking shoes. Take exit 15 off I-84, go south on Route 67; after 100 yards, take right onto Kettletown Road, proceed south about 5.0 miles (Kettletown becomes Maple Tree Road then Jackson Cove Road) to Jackson Cove parking lot. Rain date Sunday, June 7, 1:00 pm. *Leader Peter Petrochko, dpetrochko@earthlink.net, 203-888-9835, Co-leader Scott Roth, 203-888-6131.*

2 Hike. Sunday, June 7, 10:00 am to 3:00 pm. **Blue-Blazed Pomperaug Trail.** Join CFPA Trail Managers Kelly and Rich Harris on this moderately difficult 5-mile hike with some hills. Loop trail crosses several streams and offers a beautiful overlook of Lake Zoar. There are three letterboxes on this trail! Bring lunch and beverage to enjoy on the sandy beach at Jackson Cove. Meet at trailhead at the end of Fiddlehead Road. Rain or shine unless extreme weather. *Co-leaders Kelly and Rich Harris, kwalsh@marmonkeystone.com, 203-922-1125.*

POMFRET



PORTLAND

Family Hike. 9:30 am (end time depends on group size and pace. Join AMC Hike Leaders at **Mashamoquet Brook State Park** for a hike on the park's Blue Trail. Approximately five miles at a slow pace over rolling, easy terrain. Points of interest include the **Indian Chair, Wolf Den, and Table Rock**. Sturdy shoes recommended. Children capable of hiking five miles are welcome with an adult. No dogs. Bring beverage and snacks. Meet at park office, Wolf Den Campground. From CT 101 just east of its junction with US 44 in Pomfret, head south on Wolf Den Drive for 0.7 mile. Turn left into the camping area; park at ranger's cabin on right. Heavy rain cancels. *Co-Leaders Debbie Tedford, 860-373-8573, and Connie Rokicki.*

Hike. 11:00 am to about noon. Walking tour of Portland's **Brownstone Quarries and Riverfront Park**, sponsored by the Brownstone Quorum. An easy to moderate hike along forested trails at an historic property on the Connecticut River, around the National Historic Landmark Brownstone Quarries, and up to Portland's Main Street and the restored "Arch", an artifact used in the quarries. Meet at the Riverfront Park parking lot at the end of Brownstone Avenue. From Route 9 north or south in Middletown follow Route 17 eastbound across the Arrigoni Bridge and take first right onto Lower Main Street. Continue to end and turn right on Brownstone Avenue. Rain or shine. *Leader Susan Fiedler, suefiedler@comcast.net.*



PRESTON

Hike. Sunday, June 7, 1:00 pm to 3:00 pm. **Preston Nature Preserve**, sponsored by the Avalonia Land Conservancy. An easy, leisurely hike in open fields, upland woods, and wetland swamp, with frequent stops to identify fauna and flora. Poems of summer will be read by hike leader. Children welcome. Bring lunch and beverage. Meet at Preserve gate, Krug Road (off Route 164); park in field. *Please pre-register with Leader Margaret Gibson, 860-886-1777.*

ROCKY HILL

1 Hike. 9:00 am to noon. **Connecticut River Floodplain, Great Meadows Conservation Area**, sponsored by Great Meadows Conservation Trust. Easy 3.0-mile walk over flat terrain. Join Ken Etheridge, GMCT naturalist, for an exploration of the meadow, marsh, and wooded habitats of the floodplain where as many as 50 bird species can often be spotted. Meet 8:45 am just north of the Ferry Park parking lot on Route 160, Rocky Hill. Bring beverage, snack, and bug spray; dress for the weather and ground conditions (long sleeves, long pants recommended). Rain or shine. *Leader Ken Etheridge, kee134@aol.com, 860-635-6751.*

ROCKY HILL

2 Walks/Letterboxing/Activities for Children & Families. Saturday and Sunday, June 6-7, 11:00 am to 3:00 pm. Come to **Dinosaur State Park for two days of outdoor fun.** Park trails wind through wildflower and butterfly gardens, forest, and red maple swamp. Explore on your own, letterbox, complete a trail scavenger hunt for prizes, or take a guided walk. Park naturalist and geologist Christine Witkowski will lead a one-hour walk at 1:00 pm both days, describing Connecticut at the time of the dinosaurs. Easy pace on narrow trail over rocky terrain; sturdy footwear recommended. A half-hour walk will be offered at 2:30 pm both days to observe animals and plants along the trail and highlight those that lived with the dinosaurs. This is an easy walk along a wide trail and boardwalk, especially good for families with younger children. Outdoor craft activities will take place from 11:00 am to 3:00 pm, with appearances by **Dilly the Dilophosaurus**. Bring your lunch to enjoy at the park picnic area. Please, no dogs on the trails! Letterboxing and Earthcache clues available on-line. Trail walks and outdoor activities are free; nominal fee for admission to museum. Heavy rain cancels. *For more information contact Dinosaur State Park, 860-529-5816, or visit www.dinosaurstatepark.org.*

SALEM

Nature Hike. 10:00 am to noon. **Zemko Pond Wildlife Management Area**, sponsored by the Salem Land Trust. Local naturalist and birder T.J. Butcher will lead the hike, introducing participants to the varied habitats and species found at Zemko Pond Wildlife Management Area. Well-worn trails, some rolling hills; 2-3 miles. Please wear appropriate footwear. Bring beverage. Meet at Zemko Pond parking lot (formerly the Moore property), Round Hill Road. Rain date Sunday, June 7. *Leader T. J. Butcher; Co-leader Linda K. Schroeder, lshroeder@snet.net, 860-859-3520.*

SHARON

Hike. 8:00 am to noon. **Wildwoods Sanctuary.** Join Weantinoge Heritage Land Trust's Ecologist Harry White for a 2.5-mile, three-hour guided hike on the Yellow Trail through Weantinoge's 163-acre Wildwoods Sanctuary. This preserve has many unusual values, including magnificent views, and its stand of northern hardwoods provides a plentiful food supply for wildlife. Easy walking. Wear comfortable walking shoes, bring water and a snack. Meet at 8:00 a.m. at the trailhead on Caray Hill Rd. (off Keeler Road) in Sharon. For more information, complete directions, and to register, please call 860-355-3500. In case of inclement weather, registrants will be notified of any postponements or changes. *Leader Harry White.*

SHELTON

1 Hike. 9:15 am for a 9:30 am start. **Birchbark Trail to Blue-Blazed Paugussett Trail**, and return to meeting place at **Indian Well State Park**, sponsored by CT-AMC. One long uphill, several brook crossings, optional look-out climb and steep descent. Estimate of 7 miles, depending on participants and conditions; AMC rating B2B. Overlook of Housatonic River, the Shelton Loop off main trail, and the actual Indian Well are planned. Dogs on leash, able bodied children, or little ones in packs are most welcome. NOT suitable for children who might need to be carried. Bring healthy snacks or light lunch and plenty of water. Insect repellent and sunscreen are highly recommended. Hiking boots or sturdy hiking sneakers are required. Meet at Indian Well State Park, 2.2 miles north on Route 110 from Route 8 exit 14 in downtown Shelton. Watch for State Park signs along the approach route. Hiker parking area is on right by railroad tracks as you enter the park road. Rain or threatening thunder showers postpones to Sunday, June 7. *Leader Lynn Reid, ltreid@sbcglobal.net, 203-225-6192, with two dogs, Roo and Jewel.*



TILCON WATCH THAT CHILD



SHELTON

- 2 Hike/Bike/HC-Accessible.** 10:30 am to about 1:30 pm. **Shelton Lakes Greenway**, sponsored by Shelton Trails Committee. An easy 4.5-mile "bridge-to-bridge" hike from near downtown Shelton to Huntington Center. We will pass three lakes and through a large wooded area. The first 1.25 miles is over the newly constructed handicapped-accessible portion (mostly compacted gravel), which is good for baby strollers and bikes. The rest of the route has been completed as an easy hiking/mountain biking trail and is not handicapped-accessible yet. There are also two small ponds with canoe/fishing access along the route, and we will pass through the new Ecklund Native Species Garden (newly planted). Dogs on leash welcome. Water and return transportation will be provided, and an intermediate stopping point is available. There are several restaurants in Huntington Center for lunch. Meet 10:30 am at Pine Lake parking lot on Shelton Avenue (Route 108) near Meadow Street. For additional information see www.sheltontrails.org or www.sheltonconservation.org. Rain date Sunday, June 7, 1:00 pm. *Leader Terry Gallagher, tg@borntoexplore.org, 203-926-9572.*

SHERMAN

Bird/Wildlife Hike. 9:00 am to noon. **Towner Hill Preserve**, sponsored by Naromi Land Trust. Join us for a 3-4 mile hike over rocky, wooded hillside on this new, 81-acre land trust property. Double hilltop with distant views frames two large pristine vernal pools. Meet at White Silo Farm, 32 Route 37 East. Rain date Sunday, June 7. *Please pre-register; Co-Leaders Hunter Brawley and Marge Josephson, info@naromi.org, 860-354-0260.*

SIMSBURY

Hike. Sunday, June 7, 2:00 pm to about 4:30 pm. **Westledge**, sponsored by the Simsbury Land Trust. A guided 3-mile hike over moderate terrain that is steep and rocky in places; hiking boots recommended. We will hike to a traprock ridge with views across the Farmington Valley, then return through an adjacent valley with interesting geologic features. Bring beverage. Meet at the trailhead at 60 Westledge Road (Route 309), West Simsbury. Rain or shine. *Please pre-register with Leaders Sally and Don Rieger, 860-651-8773.*

SOMERS

- 1 Hike.** 10:00 am to noon. **Soapstone Mountain and Blue-Blazed Shenipsit Trail.** Moderate 3.5-mile loop hike led by AMC Hike Leaders. Pace will depend on group. Short but steep ascent/descent of Soapstone Mountain, with great view from fire tower at the summit. Families are encouraged. Bring beverage. Meet at Gulf Road parking lot. Rain or shine. *Leader Gene Grayson, emgrayson@cox.net, 860-698-9074; Co-leader Maggie Grayson.*

SOMERS

- 2 Hike.** Sunday, June 7, 9:00 am to noon. **Blue-Blazed Shenipsit Trail and Soapstone Mountain** over level and mostly downhill terrain with the Northern Connecticut Land Trust (NCLT) and Somers Open Space Committee. Hike will start with the opportunity to climb the **observation tower in Shenipsit State Forest**; on a clear day the view can include western Massachusetts, southern Vermont, New York, and Mount Monadnock in New Hampshire. We will then continue down the mountain along trails maintained by CFPA, the town of Somers, and NCLT, and continue to the 272-acre Whitaker property recently-acquired by the land trust. Those who do not wish to hike the entire five miles can hike half-way and be shuttled back to the parking lot. Wear sturdy shoes; bring a snack and plenty of water. Optional pizza stop afterwards. Meet at Soapstone Mountain parking lot off Gulf Road. *Leader Judith Snyder, judith.gs10@gmail.com, 860-749-5411.*

SOUTHURY

- 1 Hike.** 9:00 am to noon. **Blue-Blazed Hiking Trails in Kettletown State Park.** Moderate over rolling terrain with a couple of climbs. CFPA Trail Manager Bob McGarry will lead this 4-mile circuit hike in Kettletown State Park using the **Pomperaug, Crest, and Brook Trails.** See vistas of Lake Zoar, charcoal hearths, Kettletown Brook. Bring beverage. Meet 9:00 am at entrance to Kettletown State Park. Rain cancels. *Leader Bob McGarry, bernieandbob@charter.net, 203-264-9028.*

SOUTHURY

- 2 Hike.** Sunday, June 7, 1:30 pm to 3:30 pm. **Platt Farm Preserve.** Hike the newly marked trails along the Pomperaug River at this scenic 110-acre farmland, view the specimen tree identifications, and enjoy last year's Trails Day project, a new hillside trail leading to spectacular views. Easy to moderate; level and hilly terrain. Bring beverage. Meet at Platt Farm parking lot (look for orange cones at entrance), Flood Bridge Road, off Main Street South. See map at <http://www.southburylandtrust.org>; we will gather at #1 on east side of map.) Rain or shine; heavy rain cancels. *Please pre-register: Leaders Regina Badura, stewardship@southburylandtrust.org, 203-264-4441, and Egbert Most, 203-264-6678.*

SOUTHURY

- 3 Hike.** Sunday, June 7, 2:00 pm to 4:00 pm. **Blue-Blazed Miller Trail in Kettletown State Park.** Rolling terrain. CFPA Trail Manager Bob McGarry will lead this easy-to-moderate 2.2-mile hike on the Miller Trail. See vistas of Lake Zoar, charcoal hearths, brook crossings. Bring beverage. Meet 2:00 pm at trailhead for Miller Trail at Kettletown State Park. Rain cancels. *Leader Bob McGarry, bernieandbob@charter.net, 203-264-9028.*



SOUTHINGTON



1 Trail Maintenance. 9:00 am to 2:00 pm. **Ragged Mountain**, and the adjacent **Blue-Blazed Metacomet Trail**, sponsored by the Ragged Mountain Foundation. Help continue the tradition of solid trail work at Ragged Mountain. From light clean-up and trail maintenance to the satisfying work of moving large rocks to form steps and waterbars, we'll have a task for your skills and abilities. Lunch, water, gloves, tools, and the packs to carry them in will be provided. Meet 9:00 am at Timberlin Golf Course, Route 364 in Berlin to carpool. We'll work in light rain; but heavy rain cancels. *Please pre-register with Gary St. Amand, garyst.amand@cox.net, 860-666-9710.*

SOUTHINGTON

2 Nature Hike. 9:00 am to noon. **Panthorn Park Nature Trail**, sponsored by the Southington Land Conservation Trust. Easy hike over flat terrain. Wildlife Biologist Peter Picone will interpret habitats and discuss wildlife topics along the Panthorn Park Nature Trail system. Bring beverage. Meet 9:00 am at Panthorn Park, Burritt Street, Marion (Southington). Rain date Sunday, June 7. *Leader Peter Picone, pjpicone@cox.net.*

STAMFORD

Smart Growth Walk. 10:00 am to 11:00 am. **Downtown South End.** This 2-3 mile walk over flat terrain will take participants partially along waterfront, greenbelt, transportation center, and brownfield redevelopment. Meet at Government Center, 888 Washington Boulevard, Stamford. *Please pre-register with Leader Robin Stein, rstein@ci.stamford.ct.us, 203-977-4716.*

STAMFORD/ GREENWICH

1 Trail Maintenance. 9:00 am to noon. **Mianus River Park**, sponsored by Friends of Mianus River Park. We will be armoring wet spots on trails, walking about two miles on generally level terrain. Bring drinking water and bug repellent; wear work gloves. Meet at the Red Barn on Merriebrook Lane, Stamford; see map at <http://tinyurl.com/2bu35w> (for those without internet access, Merriebrook Lane is south of the Merritt Parkway, west of Westover Road in Stamford). *Please pre-register with Leader Pete Sofman, psofman@yahoo.com.*

STAMFORD/ GREENWICH

2 Hike. Sunday, June 7, 10:00 am to 2:00 pm. **Mianus River Park.** Moderately difficult with slight ups and downs, about 5 miles over frequently rocky and uneven trail. Join AMC Hike Leaders for a hike around lesser-known trails in the Mianus River Park and in Treetops (Mianus River State Park). Bring drinking water, lunch, and bug repellent. Meet at the Red Barn on Merriebrook Lane, Stamford; see map at <http://tinyurl.com/2bu35w> (for those without internet access, Merriebrook Lane is south of the Merritt Parkway, west of Westover Road in Stamford). *Please pre-register with Leader Pete Sofman, psofman@yahoo.com, Co-leader David Roberts.*

STONINGTON

Hike. Sunday, June 7, 9:00 am to 11:00 am. **Pafford Woods Preserve**, sponsored by Avalonia Land Conservancy. Moderately difficult hike showcasing a wide variety of landscapes, including fields, glacial erratics, wetlands, stream, woods, a steep glacial valley, and a coastal cove and marsh. Medium difficulty over uneven, hilly terrain. Meet 9:00 am at parking lot on west side of North Main Street, 0.5 mile north of Route 1. Rain or shine. Pre-registration appreciated, but not essential. *Co-Leaders Sylvia Lynch, slynch03@snet.net, 860-514-7340, and Michael Schefers.*

SUFFIELD/ WINDSOR LOCKS

Hikes/Bike Tour. 9:00 am to 3:00 pm. **Windsor Locks Canal Trail**, sponsored by Friends of the Canal. Enjoy this 4.3-mile paved, level 10-foot wide canal towpath with 18 historic sites along the canal and the banks of the Connecticut River. Meet at end of Canal Road, Suffield, or to start from the Windsor Locks end meet at Canal Bank Road North. Rain date Sunday, June 7. *Please pre-register with Leader Steve Sorrow, fireman05us@yahoo.com, or P.O. Box 550, Suffield, CT 06078.*

THOMPSON

Hike. Sunday, June 7, 10:00 am to 11:30 am. **North Grosvenordale Riverwalk**, sponsored by the Thompson Trails Committee and Thompson Recreation. Easy 3.2-mile walk on flat, handicap-accessible surface. We will go through an historic mill village, along the 1872 North Grosvenordale Mill, and past the North Grosvenordale Pond. Children with adults welcome. Meet at the Gazebo on Route 12 in North Grosvenordale. Rain or shine. *Leader Michael Lajeunesse, MikeinThompson@charter.net, 860-923-9190.*

TOLLAND

1 Hike. 10:00 am to noon. **Stoppeworth Conservation Area**, sponsored by the Tolland Conservation Corps. Enjoy a leisurely 1.5-mile hike over moderate terrain on one of Tolland's most recent open space acquisitions. The winding trail meanders through old-growth pine groves and lightly wooded forests, crossing two seasonal streams via rustic wooden and stone bridges. Along the way we'll make a stop at a historic stone foundation and cellar hole. Meet at Stoppeworth Conservation Area, Hunter Road. Please call for directions or additional info. Rain date Sunday, June 7. *Leader Ken Hankinson, tollandconservationcorps@yahoo.com, 860-871-7592, Co-leader Bob Senatro, property steward.*

TOLLAND



2 Hike. 10:00 am. **Shenipsit Lake Reservoir**, sponsored by Connecticut Water Company. Join Connecticut Water on a hike celebrating the newest section of the **Blue-Blazed Shenipsit Trail** along the old railroad bed at Shenipsit Lake Reservoir as part of a permitted recreation program. Learn about the unique historic and environmental features of this lakeside trail. Meet 10:00 am at trail entrance, Route 74, Tolland, across from Rock-Vern Electric. Rain or shine. *For directions and details contact Mary Ingarra, mingarra@ctwater.com, 860-669-8630, x3014.*



TORRINGTON

Hike. 10:00 am to 2:00 pm for full hike. **Blue-Blazed Muir Trail, Paugnut State Forest.** Join CFPA Trail Managers for this moderately difficult 4- or 8-mile hike over hilly terrain. Bring lunch and beverage. Meet at the Sunnybrook State Park parking lot on Newfield Road. From Route 8 exit 44, travel west on Route 4 for 0.5 mile and turn right onto Main Street (Walgreen's); continue 0.5 mile and turn left onto Newfield Road, continue 2.3 miles to Sunnybrook State Park on left. Rain cancels. *Leader Art Hanke, 860-489-0827; Co-leader Luke Flaherty.*

UNION

1 Hike. 9:30 am. **Nipmuck Forest Ramble** on the **Blue-Blazed Nipmuck Trail** and other trails in **Bigelow Hollow State Park** and the surrounding Nipmuck Forest. Moderately strenuous hike of about 10 miles in Connecticut and Massachusetts over a variety of blazed trails and forest roads (some bushwhacking, too!). About a five-hour hike, including lunch break at a pleasant pond. Bring lunch; plenty of liquids necessary, as are good hiking boots. Well-behaved dogs are welcome. Meet 9:30 am at the Bigelow Pond parking lot, 0.7 mile from entrance to Bigelow Hollow State Park off Route 171, Union. Call Leader if weather questionable. *AMC Hike Leader/CFPA Trail Manager Chuck Sack, happihiker@yahoo.com, 860-966-8877; Co-Leader Beagsley the award-winning Trail Beagle.*

UNION

2 Hike. 10:00 am to 1:00 pm. **Bigelow Hollow State Park and Nipmuck Forest.** A generally easy hike over **Blue-Blazed Hiking Trails** from north end of Bigelow Pond to Peter Rabbit Rock, returning via south end of Breakneck Pond. Approximately four miles total, with one steep climb on the ascent to Peter Rabbit Rock. Bring beverage, snacks, and wear sturdy shoes. Well-behaved dogs on leash are welcome. Meet at Bigelow Pond parking lot, 0.7 mile from Bigelow Hollow State Park entrance, Route 171, Union. *Leader CFPA Trail Manager Peter Tiziani, tizy@juno.com.*

VERNON

Trail Construction Walk. 10:00 am to 12:30 pm. Sponsored by Vernon Parks and Recreation Department. Join CFPA Trail Managers on a scenic 3-mile walk along the **Blue-Blazed Shenipsit Trail** in Valley Falls Park and the adjoining CT DEP Belding Wildlife Management Area property. Enjoy the scenery, and see 18 trail constructions, including the "silly stairway", made to "harden" popular trails. Meet at Valley Falls Park at 9:45 am. From I-84 exit 66, go west on the connector road, turn left (south) for one-half mile on Tunnel Road, turn left (east) on Valley Falls Road for one mile to Park on right. Children welcome, no dogs, bring optional lunch for end of hike. Rain or shine. *Co-leaders George Arthur, trailsarthur2@comcast.net, 860-871-0137, and Joe King.*

VERNON/ BOLTON

Hike. Sunday, June 7, 1:00 pm to 5:00 pm. **Risley Pond to Bolton Notch, and Blue-Blazed Shenipsit Trail.** The Manchester Land Conservation Trust will lead a challenging 7.5-mile round trip hike over rough and steep terrain. Spectacular views. This strenuous hike begins at Risley Park, the Trust's largest parcel of protected land, and will take about four hours. Hikers should be in good athletic condition and wear sturdy shoes or boots; bring water and a snack. Meet at the Risley Pond parking lot on Lake Street, across from Amy Drive (on north side of Risley Pond); additional parking available along Amy Drive. Rain or shine. *Leaders Susan Barlow and Cynthia Barlow, sbarlow627@aol.com, 860-643-9776.*

VOLUNTOWN

Trail Maintenance. 10:00 am to 2:00 pm. **Blue-Blazed Pachaug Trail,** Pachaug State Forest. Build a short walkway near beaver dam. Bring lunch and beverage. Meet 10:00 am at Two Brothers Café parking lot, Route 138. Rain date Sunday, June 7. *Leader Duncan Schweitzer, brightwing@netscape.net, 860-961-6203.*

WALLINGFORD

Hike. 10:00 am to 1:00 pm. **Orchard Glen and Spruce Glen** properties, sponsored by Wallingford Land Trust. Moderately strenuous, hilly, with stream crossings and uneven terrain. This 2.5-mile woodland walk will visit two adjoining land trust properties with wildflowers, birds, streams, and a waterfall on a well-marked trail. Land Trust board members will act as guides. Visit www.wallingfordlandtrust.org for more information. Bring beverage. Meet at the cul-de-sac at end of Barnes Industrial Park Road North. Rain or shine. *Leader David Ellis, ellisd@alcosoft.com, 203-269-9779.*

WASHINGTON

Hike. 9:00 am to 11:30 am. **Macricostas Preserve,** sponsored by Steep Rock Association. Strenuous four-mile hike that passes through wetlands and farmland, and traverses a rocky ridge. Two views, one overlooking Lake Waramaug and the other overlooking hayfields and Meeker Swamp. Bring beverage. Meet at parking lot behind red house at 124 Christian Street. Rain date Sunday, June 7. *Please pre-register with Leader Clark Gifford, srlndmanager@gmail.com.*

WATERFORD

Hike. 9:00 am. **Conover Nature Preserve.** Approximately 3 miles over varied terrain. Join West Farms Land Trust on an exploration of its newest land acquisition, the 35-acre Conover Nature Preserve. Donated by Lloyd Conover in memory of his late wife Virginia, the tract consists of mixed softwoods, hardwoods, older growth forest, and woodland meadows. It provides valuable wildlife habitat and contains intermittent streams, evidence of old stone walls and a mill. Depending on weather, time, and enthusiasm levels, we may explore the Old Barry Farms as well. Meet at end of Old Barry Road (off Vauxhall St.); park on cul-de-sac. Rain cancels. *For more information, westfarmslt@sbcglobal.net.*

QUESTIONS?





WATERTOWN

Hike. 9:00 a.m. to 11:00 a.m. **Branch Brook Trail** to the **Blue-Blazed Mattatuck Trail**. Hike through **Leatherman's Cave**, enjoy the view from **Crane's Lookout**, traverse a rocky ridge system, cross Route 6, and loop back to Black Rock State Park. Moderate pace/difficulty; some steep rocky sections, 3.5 miles. Suitable for children age 10 and older. Bring beverage and snack. Meet 9:00 am at front entrance to Black Rock State Park, Route 6 (free parking for Trails Day hikers). Rain cancels. *For directions/information call Leader CFPA Trail Manager Dean Birdsall, dabirdsall@optonline.net, 860-567-5999.*

WESTBROOK

Trail Ride/Maintenance. 10:00 am. **Weber Woods**, an 8-mile ride sponsored by LCRVHC and BPC. Come learn the trails with us! Participants must have their own horse and hard hat. Bring lunch and beverage. Meet at Weber Woods parking lot, Route 145. Mountain bikers welcome. Maps will be available. Rain or shine. *Due to limited trailer space; please RSVP to Leader Barbara White, barbaranpaul@sbcglobal.net, 860-633-2737.*

WEST GRANBY

Hike. 9:00 am to about noon. **Holcomb Farm**. Join the Staff of Holcomb Farm Learning Center for a 3-4-mile hike over the Holcomb Farm trail system; moderate terrain. Suitable for older children and adults. Hike leader will point out evidence of land use history and discuss Holcomb Farm's past, present, and future. Well-behaved leashed dogs are welcome. Bring a lunch and beverage to enjoy with the group. Meet at the front grassy area of Holcomb Farm, 113 Simsbury Road. Rain date Sunday, June 7. *Please pre-register with Leader Lucy Lindeyer, llindeyer@holcombfarm.org, 860-844-8616.*

WESTON/ EASTON

Hike. 9:00 am to 1:00 pm. **Trout Brook Valley**, an Aspetuck Land Trust preserve celebrating its 10th anniversary. A four-mile hike through the center of the preserve on heavily wooded trails, returning on more hilly terrain with views of the Saugatuck Reservoir. Suitable for seasoned hikers; not appropriate for younger children. Leashed dogs welcome. Bring beverage. Meet at Trout Brook Valley entrance in Weston; parking available inside permit lot. Rain date Sunday, June 7. *Please pre-register with Leader Lisa Brodliie, lbrodliie@aol.com, 203-227-1522, Co-leader Bob Hamm.*

WEST SUFFIELD



WalkCT Family Hike. 10:00 am. **Metacomet Trail**. A CFPA-certified Family Guide/AMC Hike Leader will guide families on this 4-mile round trip hike to excellent views at **Manituck Lookout**. Easy pace (C4C) with plenty of time to check out the wildflowers and other natural features. Suitable for kids six years and older; children must be accompanied by an adult (adults without children are also welcome!). Bring beverage and lunch or a snack. Meet 10:00 am at Suffield Land Conservancy signs on Mountain Road (Route 168), West Suffield. Rain cancels. *Leader Mike Stanley, hikelikemike@aol.com, 860-668-5304.*

WETHERSFIELD

1 Historic Mill Hike. 8:30 am to noon. **Mill Woods Park**. Moderate 2.5-mile loop hike over moderate terrain with gradual ups and downs over lawns and sidewalk; no obstacles. Hike begins and ends at the town Nature Center, follows Goff Brook through Mill Woods Park along several ponds, continuing along Griswoldville Road and Highland Street, including stops at four sites of former water-powered mills. Foundation stones and two millpond outlets (waterfalls) will be observed. Mill process and products at each site will be described, including the hydraulic system that powered the mills. Historic land-use and suburban land development will be compared. Participants can expect to see great blue heron, hawks, bluebirds, and other birdlife. Sponsored by Great Meadows Conservation Trust, Griswoldville Preservation Association, and Town of Wethersfield. Meet 8:30 am at the Eleanor Buck Wolf Nature Center, 156 Prospect Street. No rain date. *Co-leaders Martha Mayer and Jim Woodworth, info@gmct.org, 860-808-9986.*

WETHERSFIELD

2 Walk/Bike. 9:30 am to 11:30 am. Part of the **Heritage Way Trail**, sponsored by the Wethersfield Conservation Commission. Walk or bike one mile (one-way) on signed bike trail on streets/sidewalk in residential area of town, ending at Cove Park in Old Wethersfield. Several picnic tables are available near historic warehouse overlooking cove by boat launch. Historic church and old houses nearby. Meet at Pitkin Community Center, Greenfield Street. No rain date. *Please pre-register with Leader Jim Schumaker, 860-563-4229 (leave message).*

TILCON WATCH THAT CHILD



ADDITIONAL SPONSORS

WILLINGTON

Hike: 10:00 am to 12 noon. Enjoy this one-mile round-trip hike on a forested footpath along scenic section of **Roaring Brook**, sponsored by the Willington Conservation Commission. We will encounter a few moderately steep hills along the way. The rock-strewn riverbed is flanked by mountain laurel, large oaks, pines, hemlocks, and sycamores. The river's rapids, pools, and clear, fast waters are a tributary to the Willimantic River and part of the Connecticut Greenway system. During the hike we will view stonework remains of several water-powered mills. Steep, layered rock formations on the riverbank also lend an interesting geological note. Children welcome; please, no pets. Meet on Village Hill Road at the Bridge parking lot. Rain date Sunday, June 7. *Leader Kathy Demers, cdemers@mindspring.com, 860-429-8384.*

WINDSOR

Hike: 9:00 am to noon. **Northwest Park and Nature Center**, sponsored by Windsor Recreation and Leisure Services. Join us for a moderate, leisurely hike around Northwest Park. We will walk along the historic Rainbow Reservoir, observe the beaver pond, walk along the Wetland Forest Trail, and enjoy the view from the Marsh Overlook. Bring beverage. Meet at the main parking lot, 145 Long Hill Road. Rain date Sunday, June 7. *Leader Jen Filer, filer@townofwindsorct.com, 860-285-1990.*

Funding for Connecticut Trails Day 2009 is provided by the Connecticut Forest & Park Association and its members, and through the generous support of the following sponsors:



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JOIN US FOR NATIONAL TRAILS DAY
CONNECTICUT **Forest & Park** ASSOCIATION

National Trails Day, held the first Saturday of every June, is America's largest celebration of trails and the outdoors. Now in its 17th year, Trails Day continues to inspire the public to flock to their favorite trails to discover, learn about, and celebrate trails while participating in guided hikes, educational exhibits, trail dedications, trail work projects, paddling, cycling, and equestrian events.

Design: Angell House Design
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This brochure was printed following Forest Stewardship Council (FSC) guidelines. By using these guidelines during the printing process 52 trees were saved, 22,200 gallons of wastewater flow were saved, 2,455 pounds of solid waste were not generated, 4,835 pounds of net greenhouse gases were prevented, and 37,000,000 BTU's of energy were not consumed as compared to conventional printing processes.

Suggestions for Trails Day Participants

1. Be sure you read and understand exactly what an event entails. If you have any questions please contact the leader or sponsoring organization for answers. For example:
 - a. Is this hike suitable for children of ___ age?
 - b. Is my dog allowed? Do not assume dogs are welcome. If they are, keep them leashed.
 - c. Where can I find directions, hours, bail-out points?
 - d. What is meant by the terms 'moderate' or 'rugged'?
2. Arrive 15-20 minutes before a hike and be sure to sign in.
3. Inform your leader if you have any medical conditions allergies, conditions etc. that might become an issue while you are out. Be realistic about your physical condition. If exercise is not a part of your daily regimen then a 13 mile hike would be too much, while a shorter hike on flat terrain can be most enjoyable.
4. Wear suitable shoes and clothing. Above ankle boots are recommended for most hikes. High heels, flip-flops, and slippers can ruin your experience and cause injury on outdoor terrain.
5. Always bring plenty of water. Hydrate well before long hikes, and don't wait till you are thirsty to drink. Bring high energy snacks for distance hikes.
6. Sunscreen is important, as well as a hat on sunny days. Insect repellent of your choice should also be brought along.
7. Always follow the leader. Always stay with the group.
8. If hiking with children, please help them be aware of the hike leaders' rules. Get kids excited by becoming "adventure detectives" and using eyes and ears to search for new things.
9. Rule of thumb: The younger the child, the shorter the hike. There are many young child/family specific events in this brochure.
10. Try to use a restroom before a hike. Depending on conditions, bathroom facilities might not be available, so come prepared for the woods.
11. Practice "Leave No Trace." Pack out what you pack in. Respect private property rights, stay on the trails and obey all rules. Smell, but please don't pick the flowers.
12. Carry a cell phone for emergencies, but leave it in the off mode.



PLEASE

Stay on established trails

Start no fires

Injure no vegetation

Leave no rubbish

Keep dogs under control at all times

BE PREPARED

Bring a lunch or snack

Water

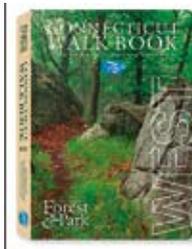
Sunscreen and
Insect Repellent

Rain Gear

Field Guides

Wear heavy socks and comfortable, sturdy shoes or hiking boots

Purchase the Connecticut Walk Book!



Retail Price:
\$24.95

Member Price:
\$19.95



The new 19th edition, published by the Connecticut Forest & Park Association, is the official guide to Connecticut's popular Blue-Blazed Hiking Trails. The two companion volumes, *Connecticut Walk Book East* and *Connecticut Walk Book West*, offer detailed descriptions and clear, accurate maps of more than 825 miles of hiking trails statewide.

Description	Price	Quantity	Amount	Sub-Total	Shipping	6% CT Sales Tax	Total
					\$5.00 First Book		
					\$3.00 Each Additional		

Name _____

Address _____

City _____

State _____

Zip _____



Mail check or money order to:

Connecticut Forest & Park Association
16 Meriden Road, Rockfall, Connecticut 06481-2961
For credit card orders, call CFPA, 860-346-2372
Or order online at www.ctwoodlands.org

*"A good trailsman always leaves
a trail a little better than he finds it."*

Edgar L. Heermance (1876-1953),
former Secretary, Connecticut Forest & Park Association and
"Father" of the Blue Blazed Hiking Trails.

Visit www.ctamc.org for information about
Appalachian Mountain Club activities in CT

Join the Connecticut Forest & Park Association!

MEMBERSHIP APPLICATION/ORDER FORM

The Connecticut Forest & Park Association is dedicated to the conservation and broad public enjoyment of forests, parks, and hiking trails throughout the state.

In addition to receiving CFPA publications like the acclaimed Connecticut Woodlands magazine and our Trails Day brochure, you will be invited to events featuring recreation, conservation, and forestry topics throughout the year. You will be supporting a respected and powerful voice for conservation in Connecticut.

Yes, I want to join the Connecticut Forest & Park Association.

PERSONAL MEMBERSHIP

- Individual \$35
- Family \$50
- Supporting* 100
- Benefactor** \$250
- Life** \$2500

ORGANIZATIONAL MEMBERSHIP

- Club \$50
- Nonprofit \$75
- Sustaining* 100
- Landmark** \$250
- Stewardship** \$500
- Leadership** 1000

My employer will match my gift. Please attach form.

My check for _____ is enclosed.

Name

Address

City State Zip

**Mail to: Connecticut Forest & Park Association
16 Meriden Road, Rockfall, Connecticut 06481-2961**

* New members at the 100 level or higher will receive a complimentary copy of Volume 1 or 2 of the Connecticut Walk Book 19th Edition.

** New members at the 250 level or higher will receive a complimentary copy of Volumes 1 and 2 of the Connecticut Walk Book 19th Edition.

The Blue Blazed Hiking Trail System is maintained by volunteers of the Connecticut Forest & Park Association, a private, non-profit conservation organization now in its 113th year. CFPA has been the official organizer of Connecticut Trails Day activities since 1992.

Two New National Trails in Connecticut (continued from p. 1)

ridges, through forests, and across a patchwork of state, municipal, and private lands in 39 communities spanning central Connecticut, western Massachusetts, and southern New Hampshire. Approximately two million people live within ten miles of the MMM Trail, and certain sections such as Talcott Mountain, Ragged Mountain, Chauncey Peak, Higby Mountain, the Hanging Hills, Mica Ledges, Broomstick Ledges, and Bluff Head are well known regionally for providing amazing panoramic views of the Connecticut River valley and Long Island Sound.

A dozen MMM hikes are scheduled for Trails Day 2009, including several on proposed sections that will extend the Trail to the shores of Long Island Sound in Guilford. In 2002 2003 and again last fall, CFPA and the AMC offered a series of hikes on existing sections of this Trail to introduce it to Connecticut residents. To celebrate the bill's passage, we hope to do so again in fall 2009, possibly including sections in Massachusetts as well. Check the CFPA website at www.ctwoodlands.org for more information.



Washington-Rochambeau Revolutionary

Route. The W3R is a new National Historic Trail that encompasses 600 miles of history, winding from Newport, RI through Connecticut and eight other states to Yorktown, VA. It honors the Franco American alliance and the efforts of Generals George Washington and Jean Baptiste de Rochambeau to preserve that alliance as we struggled for our Independence. Three W3R events are scheduled for Trails Day 2009 and each will include historical presentations and information that describe parts of the Route.

Family-Oriented Activities!



WalkCT. This CFPA initiative is a holistic approach to promote walking and other non motorized activities along trails and sidewalks around the state. Through a new website, family oriented guided walks, and technical assistance, CFPA hopes to foster healthier lifestyles for every Connecticut resident. Our goal is a state where sidewalks meet trails, where cities are linked to towns, and no resident is farther than 15 minutes away from a great walk.

This year there are three WalkCT Family Rambles scheduled for Trails Day; these events also take place year round the last weekend of each month. Led by CFPA certified volunteers, they're an easy way for you and your family to get re acquainted with the great outdoors. Visit the CFPA website at www.ctwoodlands.org for more information. In addition to the CFPA-sponsored kid-friendly hikes, you'll find several more family oriented Trails Day activities throughout this brochure.



Great Park Pursuit. CFPA is pleased that CT Trails Day will again partner with DEP's Great Park Pursuit, a multi week outdoor family adventure that connects Connecticut children and their families with the wonders of our state parks and forests. It's a contest that will have you decoding clues and participating in fun activities and challenges. Can you identify which Trails Day events be part of the Great Park Pursuit? Check out www.nochildleftinside.org/pursuit for details.



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